

THE CATALYST

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“IGNITING THE MIND”

FREE

FINANCIAL CANCELLATIONS

Recommendations for the Future

By Nzingha Z. Crusoe

This fall, a total of 939 undergraduates and 48 graduate students were dropped from their classes prior to the start of the semester. This was thirty percent of the student body.

Every three years, there has been an increase in financial cancellations, but this year marked the highest number of cancellations in Old Westbury's history. As there was speculation as to why the financial cancellations have increased astronomically the Office of Student Affairs conducted a survey to figure out the reasons. The survey revealed that most students are unaware of their tuition bills.

President Calvin O. Butts III put together a task force of faculty, staff, and the SGA president to try to resolve the problem. On September 19th, he released an email outlining the recommendations of the task force that include identifying the reasons that cause a student to be financially cancelled, identifying changes that can be made to eliminate the need for financial cancellations, minimizing the percentage of students affected by financial cancellations, and identifying ways to reduce the disruptive impact of the cancellations.

The president stated in the email he was proud of the task force for coming up with eight recommendations that should improve the level of service the school provides.

The first of the eight strategies outlined by the president and the task force emphasizes ways to communicate more efficiently with students. This includes using “pro active messaging to prompt students to pay bills and avoid cancellations.”

(Cont. on page 3.)

This strategy introduces the idea of



DRIVING IN CIRCLES



Parking Lot at Old Westbury

By Kai Stoll

Just keep driving in circles. Look for a student headed to their car, step on the gas, ram the car next to you, keep your fists up, and get ready to fight. No, just kidding, do not resort to violence. But this is truly no exaggeration. These are the steps our students take to find a decent parking spot on the campus of SUNY Old Westbury.

“I just don't understand how they expect us to get to class on time,” one student admitted. “I arrive on campus twenty minutes before my class begins and I still end up ten minutes late.”

It has become a daily complaint, not only from commuters, but residents as well. Finding a spot on campus is harder than finding free parking in Manhattan at five o'clock on a Friday. When you finally grab that elusive space, you often find yourself what seems like miles away from your destination.

There are over 4,000 students at SUNY Old Westbury. Only a quarter of those students live on campus without a car. This means roughly 3,000 cars come in and out of the campus each day. This does not include faculty and campus workers. Along with the opening of the new academic building, the number of students on campus has grown even more exponentially during the day. The parking lot has not. The restricted parking is not well marked, making tickets a primary concern among commuters.

“Ever since the new building was made, the parking has been out of control!” a student complains. “There is simply not enough parking during the week and the university police loves to give out stupid tickets! We need a new parking lot ASAP.”

Arriving at school half an hour early seems like a popular strategy, but alas, it is simply an illusion. The best time is when classes end, as students begin to file into the

parking lot to their cars. However, a fair warning: be ready for a battle resembling the Daytona Speedway. Take into account the students who have been camping out in the lot for hours, as if they're waiting for the latest Apple product on the date of its release.

If you're a realist who just chooses to go straight to the abandoned wastelands of the school, be sure to prepare yourself for the fifteen minute trek, across acres of construction, dangerous jungles, and an angry troll guarding a bridge. Well, maybe just the construction, but you get the idea.

Something needs to be done about this, before the parking lot becomes a full-blown monster truck rally. It is confusing, seeing the money put into renovations of perfectly good buildings, yet nothing being done about an issue affecting our students on a daily basis. There is so much idle property that could be used to add another parking lot in the vicinity of the classrooms. A stand needs to be taken, a voice to show that this is not only affecting the psyche of our students, but our education, the reason (Cont. on page 3.) why we attend this university.

The most disheartening result comes from the words of a student trudging across campus, already a half an hour late for her class. “It really makes me want to not come back here,” she says. “It makes me want to get out of this freaking place.”

OLD WESTBURY'S TECHNOLOGY FACES CONTINUING PROBLEMS

By Traci Newman

The school's Internet connection went down on August 22nd. For about two weeks, faculty, staff, and students struggled with limited Internet access on campus.

Hackers broke into the campus computer networks, according to Marc Seybold, chief information officer of computing services. He added that ten to fifteen computers were the cause of the campus-wide problem. To fix the system, computing services had to find where the prob-



Photo by Samantha Schendinger

Chen Cao, Marc Seybold, and Damian Obara of computer services.

lems originated, causing all Internet connections to shut down -- just as classes were beginning.

Classes were disrupted and students had no access to campus computers. The blockage affected financial aid, bursar, and registrar offices, making it even more difficult for students to register and pay for classes.

When the Internet problems first began the computing services team stayed at school during one weekend, trying to repair the system. Eventually they figured out that the problems were coming from a server in the Student Union building. Seybold explained, “Because so many people are logging on to a particular server it (Cont. on page 3.)

Old Westbury's Very First Homecoming Competition

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Women's Center Opens

I would like to introduce myself as the new academic director of the Women's Center.

We are now planning an agenda for this year—and hope that the Women's Center expands dialogue, including scholarly dialogue, on gender issues and gender equality among students and faculty on campus. We should have some exciting speakers and films—please don't hesitate to reach out to me if you have an idea for programming that I can work with

you to help realize.

The Women's Center is staffed with student interns and work-study students from 10-6 each day from Monday to Thursday. The Center is in the Student Union, Room 301K.

The Center has resource information for students on a variety of student needs—from women's health, to reproductive health, to domestic violence, to date rape. We are looking for any students who are particularly interested in wom-

en's issues. Work-study and/or internship possibilities are available in the Center.

A profound thank you to the former director, Dr. Laurette Morris, for identifying such bright, engaged students to work with the Center, and advising me in this transitional period.

I look forward to working with you.

Carol Quirke

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Letter from the Editor

Greetings:

Welcome back to an exciting and evolutionary school year. A senior majoring in sociology, I am both honored and thrilled to serve as the new executive editor of *The Catalyst*.

I am delighted to be working alongside Traci Newman, the returning managing editor and a Media and Communication's senior. Together and with the help of our dedicated staff of writers and contributors, we promise to always keep you up-to-date on all campus news and issues that directly concern you.

Not only do we want to keep you informed but we want also to entertain and interest you. You can expect some great fashion tips, sports updates, opinion pieces, and other exciting articles this year. We hope you enjoy this issue as much as we enjoyed putting it together for you.

Not only is our campus under construction in a physical way, but we are transforming ourselves into an inspiring and dynamic environment. As campus leaders, we hope to inspire you to get educated, get involved, and, most importantly, to create change.

Financial Cancellation

Cont. from Page 1

bringing up bills at the time of online registration, notifying the student of the estimated cost, and requiring students to click an acknowledgement box to conclude registration.

Under this strategy, students would also see pop-up counters on the Old Westbury portal and campus electronic message screens that count down days to payment due dates.

The second strategy to create ways to reduce cancellations suggests using a waitlist function in Banner so that registered students can opt to wait, in order, for space in a course that is full.

The third is to improve pre-cancellation billing and payment. This strategy will include repeated notifications that e-bills are available. It will be phased in the summer of 2014 prior to the fall 2014 semester cancellations.

The fourth is to have a single payment cancellation date. The single payment due date and cancellation date will happen the Friday three weeks prior to the start of classes.

The fifth is to freeze registration and hold rooms in residence halls. This will only be implemented if necessary.

The sixth is that transfer students

must attend a mandatory transfer orientation session prior to registration. (New transfer students must contact the office of student affairs to schedule their orientation session so that they can register for the coming semester.)

The seventh is to improve the portal by cleaning up and simplifying the interface, making sure all screens display the same billing total, or, if that is not possible, remove contradictory totals and direct all billing queries to the e-bill as the single definitive source.

The eighth and final strategy the task force recommended is to make Old Westbury a more efficient campus by notifying the campus community of all proposed changes prior to their implementation.

It is the hope of the administration that beginning next semester and especially by the fall 2014 semester that there will be far fewer cancellations once these recommendations are put into effect. In the fall 2013 semester 779 students were reinstated.

Typical of the student reaction was that of one student who commented: "It is encouraging as a member of the student body to know our president has taken necessary and radical steps towards improving communication campus wide and promoting cohesiveness amongst the entire SUNY Old Westbury community."

Panther Pride Old Westbury's Very First Homecoming Competition

By Shenea Overstreet

SUNY Old Westbury has begun a new tradition for Panther Pride week. This year Old Westbury will be having our very FIRST Homecoming!

Homecoming at Old Westbury will offer new activities that celebrate our PANTHER PRIDE! Even though we don't have a football team, we are celebrating the idea of Homecoming with a Roaring Spirit Competition and a Royal Court. According to Ansy Piere, a junior, and member of Kappa Alpha Psi Fraternity Inc., "Homecoming is the perfect way to make the campus more alive."

The Roaring Spirit competition offers students in clubs, Greek letter organizations, or a resident hall groups to compete in a selection of events and activities in which students are able to win points, granting them the title of, "Roaring Spirit Competition Winners."

The Cake Off is the first competition. It takes place on October 15th from 10 a.m. to 1 p.m. in the Campus Center Atrium. Later that night, after participants get messy in the Cake Off, the Banner Competition will be held. This event takes place from 9 p.m. to 11 p.m. on the Clark Center Racquet Ball Courts.

It looks as if Old Westbury has gone all out with the theme of artistry because the third competition entails decoration of OW-WIN, SUNY Old Westbury's mascot. As many of us see OW-Win on fliers, he usually has on a simple t-shirt, but in this competition, groups must give him a fresh new look! This competition takes place on October 17th at 12p.m. in the Student Union Multi-Purpose Rooms.

Next on the competition agenda is a

sing off! The Lips Sync competition will be held October 17th from 5p.m. to 6:30p.m. and is one that you don't want to miss! Last but not least, the Roaring Spirit Competition will end with the Side Walk Challenge. This competition takes place on October 18th from 11am to 2 p.m., outside of the Panther's Den.

At the end of the competition, judges will tally up each group's overall points and declare a winner. The overall Roaring Pride prize winner will receive \$250 and a plaque awarded to their group. The first place winners will also receive \$300 in a programming grant. Second place winners receive \$200, and third place wins \$100.

During this exciting Roaring Spirit Competition, on October 17th 2013, voting will begin for our Homecoming Court Competition! The Homecoming Court will consist of two representatives from each class, one man and one woman. The first year finalists are "Lord and Lady"; the sophomore year finalists are "Duke and Duchess"; junior finalists are "Prince and Princess"; and of course, the senior finalists are "King and Queen." The Homecoming Court will be chosen based on a specific formula, 50% interview, 25% popularity vote, 25% Panther Pride volunteer work. Campaigning will begin on Thursday October 10th at 5 p.m. and finish on Tuesday, October 15th. Voting will be held on Wednesday, October 16th and Thursday, October 17th from 11a.m. to 2 p.m. and 4 p.m. to 7 p.m. in the New Academic Building.

Panther Pride week (Homecoming) is jam packed with many exciting activities this year! Don't miss out!

Old Westbury's Technology Faces Continuing Problems

Cont. from Page 1

becomes 'popular,' which enables many hackers to locate it, making it more susceptible to attacks."

The radio station was particularly hard hit.

"We were down for exactly one month," said Joseph Manfredi OWWR station manager and a faculty member in the Media and Communications Department. When asked about the lack of Internet service at Old Westbury, he said, "Its heart wrenching. It's not only preventing OWWR from broadcasting, it's also effecting us academically. The campus radio station has four different recording studios all connected on the same network, and without the Internet they are unable to function properly."

Manfredi and Andrew Mattson, director of student media and chair of the American Studies Department, worked feverishly, finally helping the station to be functioning by the end of September. "Professor Mattson and I have had meetings with Marc Seybold to speak about options for long term solutions," Manfredi said.

Seybold believes that the idea of OWWR using an offsite Internet service is a good plan. He commented, "It's a win-win. An offsite server will provide better service and protect the campus from future attacks like this one."

But Manfredi feels that the most of the technologies at the radio station should remain part of the college's system, and that the computing services department should be able to handle the school's larger technical and Internet breach issues. He added that he agrees with Marc Seybold that the school's primary broadcast technologies should reside with an off campus provider, which is part of the OWWR long term plan that has already begun.

There are approximately 700-1,000 people a day on the Internet, according to Seybold "It's not just computers but also the use of the Internet on smart phones and laptops. Old Westbury tries not to limit their Internet access."

He added, "If we had more restrictions the Internet would be more stable, but we want everyone to have a chance at Internet access so we try to keep it as open as possible."

Problems with technology at Old Westbury did not start this year. In 2011, a biological sciences department professor told that Catalyst that "the Internet seems to be down more than it's up." A junior criminology student said at the time that the "Wi-Fi connection is very low."

Complaints continue. Amy Romano, a senior majoring in English, said last month: "This semester with all the changes on campus I've found it hard to find available computers during peak times. Many of the computer and math labs are taken by classes and it's hard when I need to print something quickly. I pay a technology fee, I should be able to have easy access to computers and Internet."

"Finding your print outs in the computer lab is a mess. Sometimes only one printer seems to be working," said Dan Mitchell, a junior. "It's ridiculous."

"Two years ago, a computing services supervisor cited under-staffing and the need for more resources as the cause of computer and Internet problems on campus.

Staffing and resource problems persist even as Seybold noted, "Two years from now, Old Westbury will have up to 2,000 gadgets connecting to their Internet per day,"

President's Fall Convocation

By Marilyn Bonilla

Old Westbury's 2013 President's Fall Convocation was held on August 29th during common hour at the John & Lillian Maguire Theatre. President Calvin O. Butts III cordially welcomed freshman and transfer students to the school. Dr. Butts, as well as Dr. Patrick O' Sullivan, Provost and Vice President for Academic Affairs; Dr. ML Langlie, Vice President of Student Affairs; and Nick Savva, president of the Student Government Association, all gave speeches. The convocation also had musical performances from The Ensemble, a choir from Harlem.

Dr. Butts said he is pleased to serve as president, now moving into his 15th year, adding that he is proud to represent a school that is recognized as one of the most diverse campuses in the United States. Dr. Butts expressed his strong belief that when challenges arise from getting an education, impediments to desiring an education should not arise. It takes the building of character to overcome those challenges, he said, because "men and women of character run a great risk, but without them, we would not have the union that we fight so hard to preserve."

Dr. Butts strongly recommended that students believe in themselves throughout their experience in college.

Dr. Patrick O' Sullivan made the point that as freshman, attending Old Westbury for the first time, it will be easy to become overwhelmed. Freedom of being in college does such thing, he added, however, students should realize that their classes are a priority.

He has created a guide for all students that presents tips on taking notes and gives advice about time management. He also said that students must get to know at least one faculty member, someone that students can go to for advice or even a recommendation letter because that member will be of great importance in the future.

In turn, Dr. Langlie said she has hope that Old Westbury will provide an environment that will "welcome, entertain, and inspire."

"The easiest way to discover who you are is by getting involved," stated Nick Savva when he took the stage. Savva emphasized the importance of getting involved because it fosters student growth. He said that he joined the student government as a freshman and it has helped him gain experience for the "real world." He recommends to students that they should at least learn about the clubs, Greek organizations, campus life, and activities that the campus has to offer.

Keepsake pins were given to students at the end of the convocation as a token of the journey they are embarking upon.

A Message From Your SGA President Nick Savva

After serving on the Presidential task Force for Financial Cancellation, we came up with eight recommendations that will be phased in and implemented over a two year period in the hopes of reducing the amount of students that have their classes and/or housing cancelled due to financial difficulties.

SGA and a New Frontier

This year the Student Government Association has been working extremely hard to provide easy systems, such as CampusVine and University Tickets to better complement our students' needs. We ask that all constituencies bear with us as we begin to implement the changes.

SGA's mission this academic year is to ensure that unity and collaborative efforts are met. We also ask that supportive efforts be made by all students on this campus by attending programs and events, including our new initiative to support our various sports teams at our home and away games. Understand that it is a crucial aspect of keeping school spirit alive.

Due to SUNY Policy 302.14, Section 3, an Executive Order was issued on August 27, 2013 stating that student activity fees cannot be rendered to students in clubs/organizations that perform services such as photography, DJ, hosting, etc.

To all clubs and organizations that fall within SGA guidelines, a mandate has been placed to invite the SGA President to one executive board meeting.

If there are any questions please email nicksavvasgap@gmail.com or use owsga.com for further assistance.

Thank you for your continued support and cooperation.



Mike Posner Appearance at OW

By Christine Kang

Fans of Mike Posner will be ecstatic to hear that the one and only, Posner, himself will make an appearance at Old Westbury on Friday, October 18! For those of you who may not have heard of him, you might be familiar with his hit singles, 'Cooler Than Me' which reached number six on the Billboard Hot 100, 'Please Don't Go', and 'Bow Chicka Wow Wow' featuring Lil Wayne. He has also written and produced "Boyfriend" by Justin Bieber, "Windows Down" by Big Time Rush and "Beneath You're Beautiful" by Labrinth, as well as songs for Big Sean, Snoop Dogg, Wiz Khalifa, and 2 Chainz. He was featured on Cher Lloyd's debut U.S. single, "Want You Back" and on 2 Chainz's, "In Town". You can also get his current new single, "The Way



It Used To Be" on iTunes!

He will perform at the Maguire Theatre at 8 PM but doors will be open at 7PM. The price of the tickets is to be determined but will range at an affordable price for everyone. You can purchase tickets online by going to OWSGATICKETS.COM. So check and reserve the date for October 18 because this is one performance you don't want to miss out on!

Eating on Campus

By Ariel Nelson

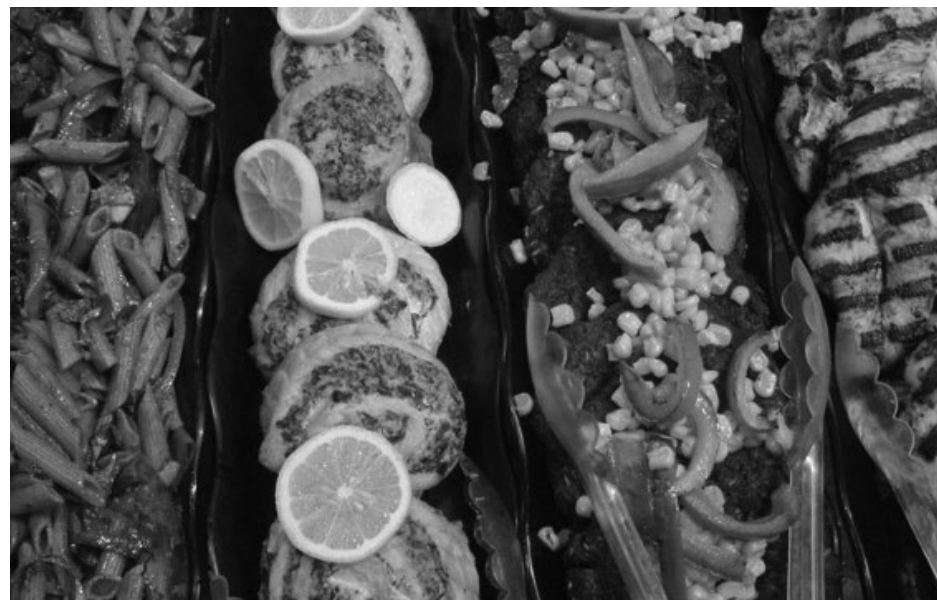
As an incoming transfer to SUNY Old Westbury, there are many issues that I have privately questioned. Becoming a member of the school's newspaper has not only given me the opportunity to express my opinion, but it has given me the opportunity to hear the opinions of other students.

My fellow peers that have also transferred agree with the problems that I have at hand. As a growing young adult, food is key to succeeding in an academic environment. Many of the freshman and transfers in this school have agreed that the Café located in the Campus Center is not only less than what we expected but the variety usually scarcely varies.

I've also interviewed a few of the transfers and freshman on campus and majority of the students agreed that it's

unfair that we have more cafe swipes than student union den points. Most students would rather eat in the Student Union than the Cafe and yet our flex dollars aren't equivalent to 10-19 swipes a week (depending on the meal plan). There are some days that the food would be decent but on other occasions the choices are either unappetizing or we're just tired of eating it.

Also, although Nathan's and The Coffee Shop are more appealing, we personally feel that there should be at least two more choices of on campus restaurants. Speaking to some of the upperclassmen did give the underclassmen a bit more appreciation. When it comes to progression over the years, the students agreed that this is by far one of the best years that this Cafe has ever seen. The staff has improved better, the eating



environment has become cleaner, and the food is better than it's ever been. Although the food may frustrate us from time to time, we're still grateful for the

specific menus on certain days that satisfy us enough to make it through classes.

Long Island Heart Walk

By Evelyn Ortiz

I was inspired to participate in the Long Island Heart Walk which took place on Sunday September 22, 2013, when I learned that there was going to be a SUNY Old Westbury Walk team. Within the Old Westbury Team there were individual groups including the OW Panther Cheerleading team, and the OW Sister2Sister 4ever team.

Heart issues can affect anyone, the elderly, the young, and a newborn baby. I did this heart walk for the first time because of Kate Eaderoso. The story of her twins reached out to me. Her twins were born with problems in their electrical heart systems. Their cardiologist and the American Heart Association were both vital to the future health of those girls.

I also walked for my own personal reasons. In 2009, I was 18 years old, when I was hospitalized because of atrial tachycardia; it was the scariest day of my life. Now, recently, at the age of 21, I was diagnosed with high blood pressure. I am under constant surveillance from my cardiologist for routine checkups, stress tests and 24 hour heart monitors, just to make sure my heart stays healthy. It has been hard, but I have come to realize that this is my reality and that heart disease is

the leading cause of death. So it is my personal duty to take care of my own heart and my personal goal to raise awareness and support the causes of the American Heart Association.

The American Heart Association's goal and purpose is to reduce coronary heart disease, stroke and risk by 25 percent by 2020. Their goal is to increase physical activity and this mission cannot be completed without those of you who choose to fight strokes and heart disease.

The American Heart Association has six main goals:

To improve patient care. Advocate for better health. Reach out to populations at risk. Raise awareness. Protect the future. Educate Americans.

The American Heart Association uses donated funds to allow doctors to have the best up to date research so that they can treat and better prevent disease among patients. About 36,000 babies are born with heart defects each year so funds are used for groundbreaking pediatric heart and stroke research. To help save lives, the association gives people information how to recognize the warning signs of heart attack, how to get into better eating habits, and how to talk to a doctor or about critical health choices.



I am proud to announce that students of Old Westbury collectively raised \$3,497. Within the Old Westbury team individuals such as: Sheila Ackner raised \$1,000, Kate Eaderoso raised \$470, OW Panther Cheerleading raised \$450, Janine Honan raised \$250, and I, by myself, raised \$502. Thank you to all, for your efforts and all of those who supported and joined the team.

When I arrived at Jones Beach, I was happy to see the coach bus that the Old Westbury students arrived in but I

was disappointed to see that we did not actually do the walk together as a school. We were together yet divided; we acknowledged each other but remained separated within our groups. I enjoyed seeing the demonstrated Panther Pride for those who arrived at the walk, but I would love it even more, if next year we refrain from arriving as individual teams and can arrive as unified Panthers roaring in green and white representing Old Westbury together!

Shop 24

By Jonathan Dausner

SUNY College at Old Westbury's campus will now be sporting a new state of the art automated convenience store, thanks to the collaborated efforts of The Auxiliary Service Corporation (ASC) and Shop24. The new jumbo sized vending machine will feature a wide variety of products, approximately 200, and promises to be open 24 hours a day, 365 days a year. Although Shop24 has been up and operating on SUNY Old Westbury campus since August 15, the official grand opening was held on September 9, where any single item from the new machine was being offered for free to attending students and staff.

The installation of this machine is the college's attempt to provide students with the option to purchase necessary products without having to leave campus, as well as to provide a convenient place to grab a quick snack in between classes. Located between the New Academic Building and the Woodlands Residence Halls, it features items ranging from a bag of chips to laundry detergent,

However, during the official grand opening of Shop24, some students voiced concerns toward the lack of variety in the machine and the seemingly high prices. Although a pack of Oreo Cookies sells for approximately \$4.50 at the local CVS Pharmacy, Old Westbury's Shop24 sells the same pack of Oreo Cookies for



approximately \$7. ASC Executive Manager Cora Day assures students that the "prices are set to national standards." Regarding the selection of products offered by Shop24, Day said that the ASC is "asking for feedback to make it user friendly."

Shop24 currently accepts all major credit and debit cards as well as cash, and in the future will also accept Panther

Bucks. Anyone who may experience a malfunction with the machine is encouraged to call the 800 number that is posted on the front of the unit. The company, which continually monitors all of the activity of the machine, can attempt to remotely fix malfunctions from their corporate headquarters in Ohio.

Everything inside of the machine is refrigerated to below 40 degrees and is

restocked almost daily. On top of the several cameras that Shop24 has installed around the unit, SUNY Old Westbury has two additional cameras for security purposes.

Shop24 at SUNY Old Westbury is the very first to hit Long Island and is one of only about thirty units across the Nation.

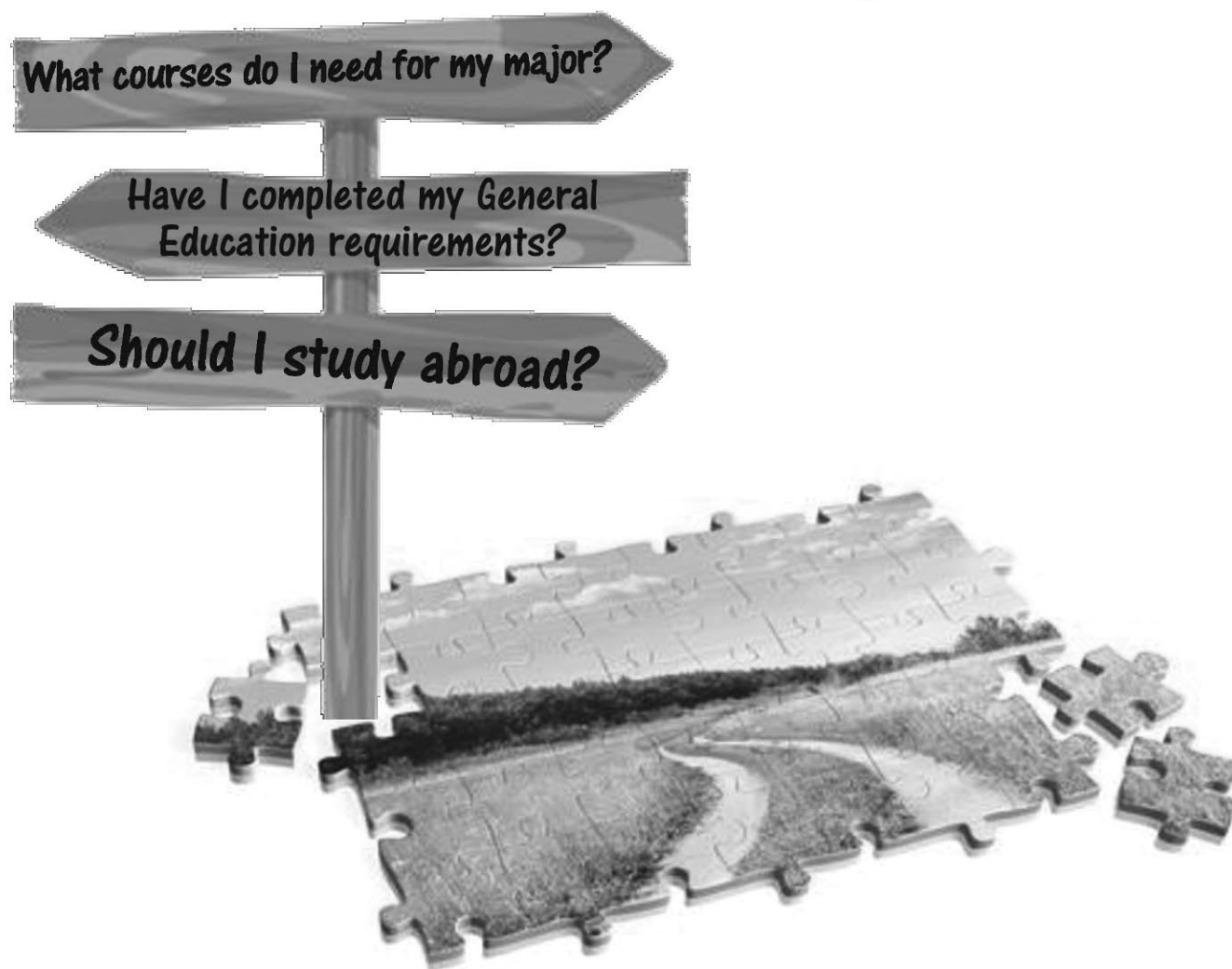
Photo by Samantha Schendlinger

Academic Advising Center

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Exploration ⇌ Choices ⇌ Advising ⇌ Decisions



The Academic Advising Center can help you choose a major, plan your coursework and make decisions about your education. Come explore the wide range of courses and degree programs offered at Old Westbury. Discover the many unique learning opportunities available to students.

We are located in room 1118A in the New Academic Building. Schedule an appointment with an Academic Advisor, call 876-3044 or email advising@oldwestbury.edu

Follow us on Twitter@Advisor_AAC

REVIEW

“WHO RUN THE WORLD”? BEYONCÉ

By Traci Newman

One thing that most of us can collectively agree on is, we are all completely infatuated with . Maybe even borderline obsessed with her. It's fine, she's amazing. I attended one her shows at the Barclays Center in Brooklyn for the “Mrs. Carter” tour. The Barclays was packed out with all kinds people and the energy was intense. When Beyoncé graced the stage, the crowd went absolutely crazy! Screaming and crying while jumping up and down just because she walked on stage and flipped her hair. No matter what she did, we all went crazy. Beyoncé literally could have picked her nose on stage, and I'm pretty sure everyone would keep cheering her on.

After everyone some what calmed down and Beyoncé started to perform, I noticed something awesome. Her entire band was made up of women! The only men on stage were two dancers who were twins (I was told they were recently on a dance competition television show). The 10 piece all women's band goes by, “The Suga Mama's.” They are a group made up of some very talented and impressive

musicians, who also happen to be women.

Around 2010 Beyoncé chose to start touring with an all women's band. According to BlogHer.com, Beyoncé explained, “When I was younger I wish I had more females who played instruments to look up to. I played piano for like a second but then I stopped. I just wanted to do something which would inspire other young females to get involved in music so I put together an all-woman band.”

I think it's pretty amazing that The Suga Mama's continue to rock out with Beyoncé night after night insuring every show is phenomenal. They all go above and beyond to get the crowd going. The musical director and guitarist, Bibi McGill literally lights up the show with her spark-shooting guitar. Hopefully one day in the near future Beyoncé wont be one of the few musical talents to hire an all female band.

However, if anyone is going to help the entertainment world move forward and hire more women musicians, I think it's safe to say, Beyoncé is the perfect person for the job!

MY TRANSFER EXPERIENCE

By Christian Jimenez

I remember my first day at the College at Old Westbury, it was a warm August morning, the sun was shining and the grass was green. As I walked out of the parking lot into this fresh environment, a new chapter in my life had begun. As a sophomore and transfer student from CUNY John Jay College of Criminal Justice, the suburban setting of Old Westbury differentiated from the fast-paced urban metropolis of New York City. As I navigated the extensive suburban campus grounds with uncertainty, I'll be honest, I got lost from time to time. Fortunately, I had brought my Old Westbury campus map from my transfer orientation, and found my classes in no time. Thanks to knowledgeable faculty and student peers, my transition to Old Westbury has been smooth and enjoyable.

The information I obtained from transfer orientation helped prepare me for my first day of classes. Faculty informed me of the numerous resources available to new students. The computer labs were the most used resource of mine. I would arrive early in the morning and would study unremittingly for hours until the start of my classes.

Inside the classroom, professors were approachable, and more than willing to set aside time from their busy agendas to help students. While outside the classroom, my first goal was to get involved as much as possible. I remember the advice from members of the office of Career Services who stressed the importance of student involvement on campus. I followed

through, and during “Club Bash”, managed to join three clubs. These include, the *Politics, Economics, and Law club*, *Active Minds*, and of course *The Catalyst*. Not only did my transfer orientation facilitate my transition to Old Westbury, but also the advice I received at the President's Fall 2013 Convocation.

The speakers at the event made me feel as if someone was there to support and cheer me on. I remember those motivating words, “Character is the capacity to endure”, spoken by President of SUNY College at Old Westbury, Dr. Calvin O. Butts, III. Dr. Butts told new students in the audience to stay motivated, and remain hopeful even when faced with obstacles in life. Another speaker with inspirational words came from Provost and Vice president for academic affairs, Dr. Patrick O' Sullivan. Dr. O' Sullivan distributed a college guide for listening and effective note-taking to students in the audience. He encouraged students to refer to the guide frequently throughout their time at the college. The Fall Convocation was a great way to motivate new students, and welcome them into the Old Westbury family.

Transferring to SUNY College at Old Westbury has been one of the best decisions I have ever made. Faculty and students have been supportive and encouraging during my entire transition process. I look forward to an enjoyable and stimulating college experience, learning, and establishing close networks with Old Westbury students and faculty alike.

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LOVE, LIFE, AND STYLE

Fall Trend Report

By Jina Vicario

As fall is here, it's time for a change of wardrobe. It's time to put away the high waisted shorts, gladiator sandals, and crop tops and bring out the riding boots, fall sweaters, and trench coats. If you're looking to stay on trend this season, there are a few new looks you may want to try.

Plaid is a classic print that has been around for ages. This season the tartan print has no longer become preppy or old school. This print has taken a modern spin. You can sport the rocker chic look by incorporating plaid into an outfit by pairing a printed crew neck with leather pants, wear a printed blazer or dress, or for a more subtle hint of this print, try pairing a simple outfit with a plaid printed clutch.

The color of the season is something so original yet intense, shades of blue. Deep hues of cobalt have replaced maroons and purples this fall. This color pops when paired against white and looks sophisticated against black.

Military inspired looks can be seen this fall again just as we have for the past couple of years but this year it has been reinvented. The famous “fatigue” print can be seen in shades of blue rather than the classic olive green.

If you're looking to stay comfortable and still look put together, the “Sporty Chic” trend may be the one for you. Sports jerseys, crewneck sweatshirts, loose fitting pants, baseball caps, and the newly famous sneaker wedge, can all be put together to create a polished yet relaxed way to look chic without compromising on comfort.

Along with beautiful and different colored leaves, the fall brings wind and colder temperatures. To stay warm this season, outerwear is a must. A motorcycle jacket, sometimes called a “moto” jacket, can be practical and create a pop of fierceness to a boring outfit. To be more bold and daring, try a colored moto jacket.

If you're looking for a more classic yet trendy look in outerwear, try a cape instead. The silhouette of this coat can be very flattering when paired with skinny jeans and riding boots on a casual day. You can also dress up a cape with a little black dress and some classic pumps.

The cooler months are ahead of us. With these few fall trends, be sure to incorporate them into your own personal style. Discover what you are attracted to and focus on the things that will express who you are.

Summer To Fall Transitions

By Meleika Amos

With the fall season steadily approaching, many are anxious to pull out their sweaters, hoodies, scarves, and beanies. Retiring your summer apparel is what would be expected, but for those occasional Indian summer days, some of us are stuck when it comes to the random weather change. Just because it gets a bit chillier outside doesn't mean you have to say farewell to your favorite summer pieces. Here are a few tips on how to make your seasonal apparel stretch a little bit longer.

Rompers

The fall season is actually a great way to jazz up your summer romper. On those breezy days why not throw a cozy and cute cardigan over. They look great with a heap of patterns from tribal to floral and lace. Top it all off with a funky pair of knee high boots and colored super high socks, fall essentials that are perfect to dress up or even if you're going for a more relaxed, casual look.



From Top Left clockwise: Sunday Brunch Embellished Lace Romper \$34, [shopruche.com](#); Staring At Stars Geo Floral Romper \$20, [urbanoutfitters.com](#); Dreaming of Daisies Romper \$36, [gypsywarrior.com](#); ELLAZHU Women Button Knit Fringed Tassels Batwing Cardigan \$50, [amazon.com](#); Buttoned-Up Knee-High Sock (Drk Purple) \$14, [urbanoutfitters.com](#); Metallic Stirrup Riding Boot \$46, [charlotterusse.com](#); Staple Ingredient Socks in Olive \$16, [modcloth.com](#); Knee-High Boots \$50, [callitspring.com](#); Free People Speckled Slouch Tall Sock \$24, [freepeople.com](#); Renegade Knee High Boot, Irish Crème \$43, [nectarclothing.com](#); H&M Purl-knit cardigan \$24, [hm.com](#); Vintage 1980s black and blue oversized fall sweater cardigan \$20, [etsy.com](#)

Dressy Summer Shorts

You remember those summer nights when you were out on the town? All dressed up for a dinner, party, or just for the heck of it. Why give up those decorative fanciful summer shorts that you love so much so soon? Try a modern day Annie Hall look with a button up and an embellished bow tie. Suspender tights give it a little edge and oxford shoes complete the "pretty tomboy" look. It reads chic, cool, and confident.



From Top Left clockwise: LOST Coronado Lace Tier Womens Shorts \$26, [tillys.com](#); Motel Women's Ethel Print Short - Wallflower \$13, [thehut.com](#); River Island Silver holographic bow tie \$16, [riverisland.com](#); Brooks Brothers Kiel James Patrick Mini BB#1 Bow-Tie Bracelet \$48, [brooksbrothers.com](#); Scotch & Soda Denim Bow Tie \$19, [scotch-soda.com](#); River Island Black metal tip bow tie badge \$9.61, [riverisland.com](#); Monki Isobel blouse \$47, [monki.com](#); Classic Beauty Button-up Blouse \$37, [shopruche.com](#); Only Rock It Oversize Shirt \$48, [nelly.com](#); Colorblocked Button Up \$14, [forever.com](#); Livin' Large Flat \$35, [modcloth.com](#); ASOS MARKET Flat Shoes \$30, [asos.com](#); Gypsy Mock Star Suspender Tights \$5.91, [asos.com](#); Boohoo Maya Pearl Mock Suspender Tights \$12, [boohoo.com](#); Pretty Polly Mesh Faux Suspender Tights \$25, [urbanoutfitters.com](#); ASOS MATCH Leather Brogues \$38, [asos.com](#); Women's Xhilaration Lata Oxford Flat - Maroon \$22, [target.com](#); Joe Freshâ Print Soft Shorts \$21, [jcpenny.com](#); Free People Cleobella Gemini Polkadot Short \$20, [freepeople.com](#)

Summer Dresses

What would summer be without the sun, sand, and of course the perfect little summer dress? Embrace autumn with a beautiful summer sundress with a light fall blazer. Mix the bright sunny colors of summer with the dark mischievous fall hues. Even delicate printed dresses with textured blazers for that extra pop! Pair it



with sheer black tights and the classic the fall bootie (flat or heeled) And you've got a look for day to night that can be mixed and matched so many fabulous ways.

From Top Left clockwise: Maiden Lane Floral Dress \$37, [shopruche.com](#); Cutie Contrast Collar Skater Dress \$45, [houseoffraser.co.uk](#); Glamorous Women's Bandeau Lace Skater Dress \$51, [thehut.com](#); DKNYC Shawl Collar Blazer \$30, [lordandtaylor.com](#); Burgundy Crepe Roll Sleeve Blazer \$40, [newlook.com](#); River Island Black and white stripe panel blazer \$32, [riverisland.com](#); Black Lace Blazer \$32, [missrebel.co.uk](#); JACOBIES SOPHIA-45 Platform Ankle Bootie \$25, [amazon.com](#); At Your Best Bootie \$45, [modcloth.com](#); London Rebel Platform Ankle Boot \$34, [asos.com](#); Boohoo Polly Croc Effect Ankle Boot \$50, [boohoo.com](#); Expedition Floral Blazer \$30, [shopruche.com](#); Qupid Maze Sparkle Ankle Boots \$50, [pacsun.com](#); TOPSHOP Black Ultimate Sheer Tights \$8, [topshop.com](#); Rare London "Whatever" Sheer Tights \$6.41, [rarelondon.com](#); Coast Serene Jersey Dress, Soft Green \$37, [johnlewis.com](#); Dorothy Perkins Orange spot print shirt dress \$35, [dorothyperkins.com](#)

FALL FASHION SPREAD Q&A

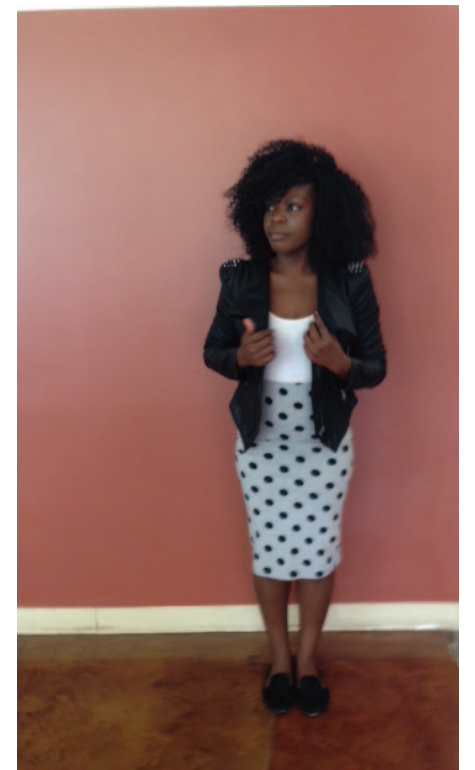
By Meleika Amos



Ashley Saint- Gilles, 18, Queens

Q:What Is Your Favorite Piece in Your Closet?

A: Well definitely this cheetah scarf, it's my favorite one and I have another cheetah scarf.



Ifedayo Jegete, 20, Bronx

Q: What is your favorite piece in your closet?

A: I'd probably say my studded biker jacket.

Q: what advice do you have for people unconfident when it comes to style?

A: Just be different. Be yourself, so many people shop at the same stores.



Natifah Reid, 18, Staten Island

Q:Who or What inspires you?

A: It's just whatever I like.

Q: What are some of your favorite pieces on your closet?

A: Anything ripped, my "LOVE" sweater, and anything with bright colors.



Tyler J Smith, 19, Queens

Q: So what advice do you have for unconfident people seeing as you seem pretty confident with who you are ?

A: Just do what you wanna do! Like who cares what everybody has to say. It's your clothes it shows who you are. Just do you and like it. Enjoy yourself.

Q: What is your favorite piece in your collection?

A: Well I'm a blazer man so I like a lot of blazers to chose from. Out of all which one is my favorite ? I'd have to go with my black suede one.



Travis Grant, 19,

Q: Who or What inspires you and why?

A: I don't have a specific designer. Zara just the brand itself inspires me. Tumblr inspires me for new ideas.

Q: What would you say is your favorite piece that you own?

A: I have a black Burberry cashmere sweater that I like.



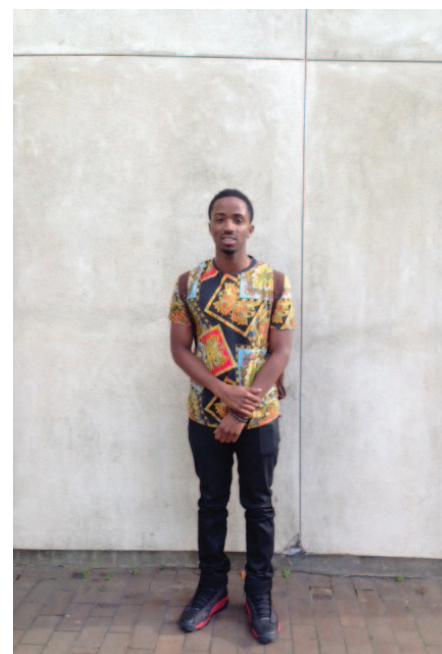
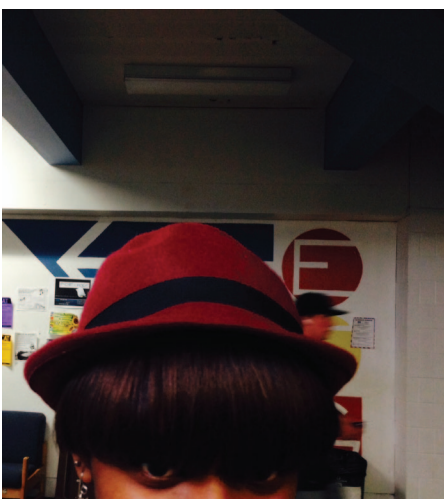
Kaylin Curt, 18, Brooklyn

Q: Who or What inspires your style?

A: I get inspiration from waking up and just thinking about it. I just put things together.

Q: What would you say is the piece you love the most in your closet?

A: Definitely my fedora.



Why Obama Wants to Bomb Syria

By Ryan Zukowski

Following the chemical weapons attacks on Syria on August 21, killing hundreds of civilians, the Obama administration has made several attempts to take America to war. By phrasing his war as launching “unbelievably small” strikes against Bashar Assad’s chemical weapons stockpiles and buildings that facilitate their chemical weapons capabilities, President Obama has tried to go around the US Congress and the UN Security Council. His efforts were rewarded on resolution passed on September 28th by a thin UN resolution requiring Syria to surrender all chemical weapons by 2014. If Assad does not comply with the resolution, a vote in the UN may occur to use military action against him; the vote will likely be vetoed by Russia.

In a Joe Biden-esque moment, Secretary of State John Kerry responded to a question regarding what Assad could do to stop a war, saying, “He could turn over every single bit of his chemical weapons to the international community in the next week, turn it over. All of it... but he isn’t about to do that.” The next day, the Syrians accepted the proposal and started the process of allowing UN weapons inspectors into the country, prompted by the Russian leadership.

The sad truth is that Secretary of State Kerry did not want Assad to hand over his weapons, judging by his gesticulations at the inquiry, he was asking himself, “what terms could I offer to which the Syrians would never agree so we can not look like the bad guys going into this war?”

The facts are still very dubious as to whether Assad launched the chemical attack. The UN investigators determined that military-grade surface-to-surface missiles of Russian manufacture were used in the attacks on August 21. The report did not name a culprit in the attacks.

Sergei Ryabkov, Russia’s Deputy

Foreign Minister said that the UN inspectors “reported selectively and without full information or fully taking into account circumstances we have noted many times, and without looking at three other incidents which the Syrian side had strongly urged them to do, and which we had also urged them to do.”

Assad had no incentive to use Sarin gas against civilians, other than proving that he is a ruthless dictator of the ilk that one would be suicidal to oppose. The violations of international law against his own people would cause resentment of his regime from around the world and especially from within his own country, the use of chemical weapons could also bring down international force upon him from the UN. To use gunpowder and lead to go after his regime’s enemies would be much more effective in the long run.

The rebels, on the other hand, stand much to gain from having the UN intervene in the Syrian conflict. If Assad were ousted, the radical Islamic rebels would stand a great chance of wresting the power from more moderate factions, as we have seen in Libya and Egypt. There are many who believe that the Syrian rebels launched the chemical attacks on their own civilians in a false-flag attack to blame it on Assad.

There have been reports dating back to 2001 of a plan hatched by Neo-Conservatives in the wake of 9/11, as retired General Wesley Clarke stated, “to destabilize the Middle East, turn it upside down, make it under our control.” The plan was to “attack and destroy the governments in seven countries in five years – we’re going to start with Iraq, and then we’re going to move to Syria, Lebanon, Libya, Somalia, Sudan and Iran.”

President Bush had authorized covert operations to be conducted in Syria in 2007 with the British joining the party in 2009. Plans for these interventions are almost

always made several years in advance. Intelligence is gathered in the country via covert operations conducted by the CIA and their funding of particular players in the region for the purpose of causing a crisis to bloom years later like the fruit of a seed planted several years prior.

The plan has fallen far behind schedule but the continuity of the foreign policy agenda is clear from the smooth transition of Bush to Obama.

The importance of attacking Syria for continuance of the Neo-Con foreign policy agenda is multi-faceted and involves putting military and economic pressure on Russia, furthering the interests of Saudi and US oil and ensuring that the players in the Middle East are kept beaten down so as to be too weak to threaten Israel.

Professor Daniel Treisman of the Department of Political Science at UCLA wrote back in February, “Strategic interests are at stake. In Tartus, Syria hosts the sole remaining Russian naval base on the Mediterranean, currently being refurbished by 600 Russian technicians after long disuse. To have to give up this Middle Eastern beachhead would be a shame, as far as the Russians are concerned.” He also quoted Ruslan Pukhov, head of the Independent Center for Analysis of Strategies and Technologies saying, “[Assad] is Russia’s last remaining ally in the Middle East, allowing it to preserve some influence in the region.”

Treisman continued by pointing out the economic relationship between Russia and Syria, “Russia has real commercial interests in Syria. Contracts to sell arms to Damascus — both those signed and under negotiation — total \$5 billion. Having lost \$13 billion due to international sanctions on Iran and \$4.5 billion in canceled contracts to Libya, Russia’s defense industry is already reeling. Besides arms exports, Russian companies

have major investments in Syria’s infrastructure, energy and tourism sectors, worth \$19.4 billion in 2009.”

Secretary of State John Kerry had claimed that Syria has been arming Hezbollah in Lebanon to attack Israel. This claim has been unsubstantiated and vehemently denied by the Lebanese government, who would stand to be invaded next if they were found lending aid to a terrorist organization like Hezbollah.

Of all the players in the region, Israel makes out the best from this situation. Syrians are fighting Syrians, their government and the militant rebels are occupied and resources are exhausted; this leaves them incapable of launching military actions, either covertly or overtly against Israel.

If Islamic militants like the Muslim Brotherhood in Egypt or the militants in Libya take power in Syria after we topple the Assad regime in Syria, it will only hinder US foreign trade and hurt international relations as we squander away our riches on imperialist adventures that profit the few at the cost of the many.

In the *Art of War* Sun Tzu writes, “The Moral Law causes the people to be in complete accord with their ruler, so that they will follow him regardless of their lives, undismayed by any danger.” Have the presidential administrations of the last thirty years been honest with the people about their geopolitical and marshal strategies? The last time this country was unified under the Moral Law was in 1941. Until the Presidency of the United States can recalibrate their geopolitical objectives to be in accordance with a strategy of spreading peace and trade or articulate the true causes for war to the American people, we will continue to see fiascos like the Iran Contra, funding tyrants in South America, bloody incursions into Somalia, Afghanistan, Iraq, Libya and soon perhaps, Syria.

Gradually Breaking the Monolingual Divide

By Evelyn Ortiz

Bilingual education has been the subject of national debate since the 1960’s. In the past, schools frequently were used to maintain respective linguistic and cultural heritages; the Germans for example went through extraordinary lengths to do so to use in public schools, churches, etc. through the 19th century.

During the 1960’s and 1970’s, there was a nationwide debate in the U.S. over bilingual education and whether or not instruction should be given in a child’s native tongue and if English should be transitional. The federal government’s main focus was to get students to transfer into all-English speaking classrooms as quickly as possible. The English-speaking public insisted that English should be the sole language of instruction in schools; they feared bilingualism would usher in multilingualism and attempts to preserve ethnic culture. In contrast the non-English speaking public, particularly the Hispanic communities, viewed bilingual education as a civil rights issue and as a means to obtain respect for their culture.

Many Puerto Rican and Chicano students had high drop out rates and low college admissions; their poor school performance

enabled bilingual education to be considered essential. In 1964, Congress passed the Civil Rights Act and in 1965 passed the Elementary and Secondary Schools Act (ESEA) and then in 1968 the Bilingual Education act was created.

The Supreme Court’s *Brown v. Board of Education* (1954) was a court case that helped break barriers and the *Lau v. Nichols* (1974) Supreme Court case was the landmark for bilingual education and a case that declared that students who did not speak English were entitled to education in their native tongue. Both cases were important but the *Mendez v. Westminster* (1946) was the pre-requisite and the trial run for the later *Brown v. Board of Education*. The *Mendez* case won a class action lawsuit to dismantle the segregated school system, making California the first state to desegregate schools.

The civil rights movement is not just a black versus white issue; a civil rights movement also was much alive among the Latino/Hispanic population and communities.

The *Lau v. Nichols* (1974) Supreme Court case was the landmark for bilingual education and a case that declared students who did not speak English were entitled to education in their native tongue. The civil rights movement is not just a black versus white issue; it

also pertained to the Latino/Hispanic population and communities.

The fight over bilingual education includes supporters of an “English Movement,” which is the fight to make English the official language of the United States, claiming that it would unite the country and encourage immigrants to learn English quicker. English has been the predominant language of the nation, however, despite its dominance English has never been the designated official language of the United States. Government services and businesses have traditionally been able to provide services in languages other than English for the large language minorities. In reference to the courts, non-English speaking people are deemed to have the rights of due process by the constitution.

Will instituting English as the official language raise serious issues concerning the Fourth and First Amendments? Would it conflict with people’s freedom of speech? By 2004, however, 28 states have already declared English as their official language. To counteract the “English Movement” there is an “English Plus” which is a movement that acknowledges both the importance of English within the country and the multilingual heritage of the United States.

Advocates support the proficiency of English to be encouraged while also having non-natives maintain their native tongue. This movement also advocates for natives and monolinguals to acquire another language. The 2000 U.S. census found that almost 400 languages are spoken in the United States; with the variety of languages and cultures represented by the citizens of this country, the English Plus movement and bilingual programs allows cultural pluralism to be fully embraced.

Being bilingual is not only an advantage but it is a piece of one’s culture and identity. To those of you who are reading this article, how many of you have family that speak another language other than English and if you do not, how many of you would like to acquire a second language? How many of you have family or know people who have emigrated here to the United States and find themselves being pressured to assimilate and become “Americanized”? Who or what defines what it is to be an American?

I am bilingual; I embrace it and am making an effort to maintain my family’s native language while still being proficient in English.

OPINION

Breaking Bad Build Up

By Joe Randazzo

There is a little known marital rule people don't usually abide by that's so key in making a marriage work. You may not have realized it but the plot of *Breaking Bad* is centered around this rule. Never marry someone if you think unfortunate events or your spouse's untimely death at the hands of the mob won't rock your psyche and turn you into a monster heel. The type of heel that makes Batman piss his pants and Robin sob the same kind of tears he shed the night the Falcone crime family cut his parent's chord. (If you go eh, how sad, at the thought of your wife's murder, and don't have preconceived notions to turn into the Punisher, you probably don't love the person as much as you think you do. At least this is what I learned from TV and comic books.)

Sadly Walter White's unbearably frantic wife, Skyler, played by Anna Gunn, hasn't been gunned down by machete wielding cartels looking to knock the kingpin off his throne by going through his family. Walter White's heel turn was instead inspired by the "unfortunate events" aspect of the marital rule with the cancer that has plagued him during all five seasons of the show. Living the last few days of his life as an honest man on a teacher's salary eating spaghetti and ketchup, like Henry Hill at the end of *Goodfellas*, would leave his family on the street. Mr. White's the type of man that wouldn't let that happen. Five beautiful years of *Breaking Bad* has taught us this.

On the surface it would seem like the money, the meth, the mass killings, and degeneration of Jesse Pinkman's mind, are the main focal points of this show but those twisted plots are a result of Mr. White's devotion for his family. Bryan Cranston, who killed the goofy typecast of Malcolm's dad, is as perfect for this part as Heath Ledger was with the Joker in the *Dark Knight*. The reason I draw the comparison is because you never would have guessed the savagery both men could have brought to the roles going in. Before the *Dark Knight* Heath Ledger played a cowboy who told his gay lover he couldn't quit him. Cranston's last big role was even more goofier. Who knew the whipped father from Malcolm in the Middle would turn out to be the undeniably perfect piece to the sadistic Heisenberg puzzle.

For a few seasons it looked like Walter White was straying away from the original noble purpose of selling drugs for his family and decided becoming the Midwest's biggest supplier of methamphetamine was top priority. The small time operation turned into an empire after Mr. White took out every major supplier that opposed him. That vigilant attitude has softened tremendously though in the last few episodes of season five leading up to the series finale.

I'm not really sure if this softer side of Mr. White is legitimate though. It seems more like he's manipulating him-

self into believing he cares for his family the way he has manipulated Jesse Pinkman, played by Aaron Paul, into believing he was his father figure. Sure he had the best of intentions when he started cooking meth, but once the money rolled in, those demons of missing out on success early on his life took over. (In season one; we learned Walter stepped down from a company called Grey industries that ended up becoming a billion dollar corporation.) Since Walter White is a stubborn man and death was knock, knock, knockin', on his door, he couldn't officially come to the terms of being consumed by a petty business deal that in turn created a monster.

More proof that Walter White is scum took place toward the end of the second-to-last episode. While on the phone with his son who called him a monster, Walter did nothing but frustratingly walk away from the conversation to buy some liquor since he was in a bar. What inspired him to head back to town after running away like Simba in the Lion King wasn't a righteous cause like setting things right with his son. No, he finally decided to go back home after seeing the owners of Gray industries completely trash him on the Charlie Rose show -which happened to be playing at the bar he was drinking in.

I don't know if the Heisenberg monster has fully taken over. Probably the best scene from season five was the last conversation Walter had with Skyler. With the police in the room listening to their phone call, Walter berated her and said he was taking their baby with him. What she didn't see was him crying on the other side. This was his way of keeping his family away from so they no longer could be hurt by whatever scheme and drug the Heisenberg monster was ready to cook up. Of course, Walter White is a man of contradictions. The last episode of Season Five before the Series Finale showed him heading back to town after the Charlie Rose incident.

The reason *Breaking Bad* is the greatest drama in the history of television is because of Vince Gilligan's approach of destroying anything that's good. Mr. White's first antagonist (or protagonist, I guess this definition is up in the air depending on whose side you're on) of Season Five was his own brother-in-law and DEA officer Hank Schrader, played by Dean Norris. Hank, the only character on the show with strict moral standards, figured out Walter was the drug dealer named Heisenberg while on the toilet. Of course anybody with a set of morals on this show needs to be murdered. Hank and his partner were gunned down in a desert shootout by a bunch of rednecks related to one of Walter's old partners, Todd. (Todd might as well be played by Ron Howard after dipping himself in the Lazarus Pit.)

Those rednecks that killed Hank probably represent Gilligan's twisted

FASHION'S NIGHT OUT

FASHION'S NIGHT OUT

By Virginia Cole

For the past four years, Fashion's Night Out has taken place in September during New York Fashion week. The city streets would be flooded with people raving about different experiences they hoped to encounter in different stores. Fashion Night Out represented a night for excitement and adventure. But this year FNO was canceled. Fashion lovers like me were shocked to learn that the one night a year when the city streets become a runaway styled by other fashion lovers would no longer be. Fashion night out started in 2009 as a way to bring money back into the world of retail. It was a night that included drinks, amazing dj's and of course celebrity sightings.

For fashion lovers like myself, it was also a night to express ourselves while wearing the latest fall trends. For the past four years Fashion's Night Out had been a night many looked forward to because it turned the streets of New York City into a festival that allowed all fashion lovers to interact with each other and also gather inspiration. In a way, it was a glamorous night for those who could not attend a fashion show during fashion week in the City. So why cancel a night that many people look forward to?

Lisa Lockwood writing in *Women's Wear Daily* interviews Steven Kolb, chief executive officer of the CFDA, who speaks on behalf of those who sponsor Fashion's Night Out such as *Vogue*, the Council of Fashion Designers of America and NYC&CO.

Steven Kolb's explains that Fashion Night Out was created as a way to

promote fashion. It was a night to get shoppers into stores to remind them what retail stores have to offer. Fashion lovers took to it and as more retail stores became involved, FNO grew each year. But as each year passed and the committee reflected on the past Fashion Night Outs they realized that they had accomplished what the intended goal was: fashion awareness!

The committee realized that FNO was no longer necessary to bring people into these stores anymore. They felt as those designers should now just focus on personal objectives, meaning, the designers should decide how they want to celebrate their stores instead of having just one set day for everyone to celebrate. Steven Kolb's hinted at the idea of stores being able to celebrate any day a year and as many times as they want a year outside of the FNO.

What does this mean for fashion lovers?

Well, I believe it means fashion lovers should celebrate fashion every single day. Who needs FNO to remind someone why they love a brand! YES, Fashion's Night Out was fun and exciting, but its main goal was to push people that loved fashion into getting involved, and it did just that. So why not make every single day your life FNO? Why not take Steven Kolb's idea and celebrate fashion every single day or as many times as you want in a year instead of waiting for that one night in September.

sense of humor. This same group killed Jesse's girlfriend right in front of him. Not only have they killed off two characters, but they also put the death knell in Heisenberg's methamphetamine empire and stole it from right under him. Nobody has been able to beat Walter White at his own game like this on the show. This group of rednecks led by Todd and his uncle are the Buster Douglas's of the *Breaking Bad* world.

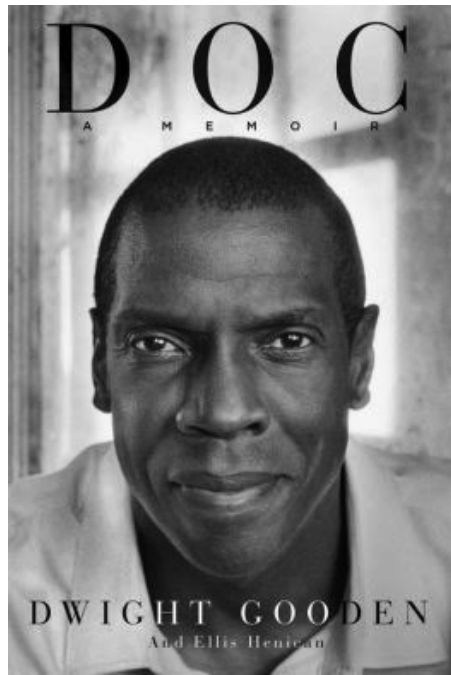
Walter's son, Walter Jr., is probably next to on the redneck hit list. He's another character that has committed no sins.

If I had to give a letter grade for the

build-up toward the series finale of *Breaking Bad* I would give it an A. If I were a Doctor in Televisionics, I would also prescribe this show to anybody with a heartbeat and a set of eyes. The only people who don't like this show are the types of people with a hipster mentality of hating anything good such as Beatle records, sunshine, and the beach during the summer. Also, the fact that Bryan Cranston didn't get an Emmy for his performance as the twisted Mr. White just shows how irrelevant award ceremonies of all kind are.

DOC: A MEMOIR

By Alex Susskind



"I'd spent all night in a sketchy housing project apartment near the Roosevelt Field mall, getting wasted with a bunch of people I hardly even knew. I was drinking shots of vodka. I was snorting lines of cocaine. And more lines of cocaine—and more lines of cocaine. I didn't leave the drug party until after the sun came up. As my teammates toasted our triumph, I was nursing a head-splitting coke-and-booze hangover, too spent, too paranoid, and too mad at myself to drag my sorry butt to my own victory parade."

The above passage is from *Doc: A Memoir* where the introduction sets the stage for a 285-page story of unbelievably sublime highs juxtaposed with unbelievably gut-wrenching lows for the New York Mets pitching prodigy of the mid-1980s. Follow Doc Gooden and ghost writer Ellis Henican on a 28-chapter, 4-part journey through the life and career of one of baseball's biggest "what ifs?"

Dwight Eugene "Doc" Gooden grew up with his mother and father in a volatile home in a working class suburb of Tampa, Florida. Although Gooden was raised to be a happy, healthy baseball-crazed boy, issues such as infidelity, excessive drinking, and gunplay eventually bubbled to the surface. At age 17, Gooden was drafted straight out of Hillsborough High School by the Mets in the first round of the 1982 MLB Draft. At age 19 Gooden won 1984 N.L. Rookie of the Year. At age 21 Gooden had already signed a million dollar contract and was a 1986 World Series champion. In 1987 at age 22 Gooden made his first of many trips to rehab. Unbeknownst to him, he would lose the first battle in what would be the fight of his life.

Doc: A Memoir is a cautionary tale of too much, too soon which still resonates for today's athletes, celebrities and others to experience success at an early age. Ghost writer Ellis Henican (*Newsday*, Fox

News) takes you from the now 48-year old Gooden's disturbing working class Tampa upbringing, through the training regimen implemented by his father, which made him the high school pitching prodigy drafted by the Mets in 1982. From there Henican and Gooden allow you to embark on the path of making and then breaking—and then remaking only to break once again—an athletic phenom. Following the rollercoaster ride of Gooden's baseball career, you won't be able to step away from the cringe-worthy stories of relapse, despair, jail time (alongside his son, Doc Jr.), and failures as a father and husband before turning down the road to redemption.

Doc: A Memoir is a MUST READ for anybody: who followed the Mets during their 1980s glory days, studies the history of the Mets, is a fan of the Mets, is a fan of sports phenoms, or just enjoys reading riveting human interest stories.

SIGNS OF EXISTENCE: BIOTECH ART

AT THE AMELIE A. WALLACE GALLERY

By Donna Makar

The current Bio-Art exhibition at SUNY College at Old Westbury's Amelie A. Wallace Gallery highlights the hefty price our ecosystem pays for so-called advancements, and explores three specific areas: genetic analysis, the health of our ecosystem, and human anatomy.

Heather Dewey-Hagborg's piece *Stranger Visions* calls into question a person's right to privacy concerning DNA. Dewey-Hagborg extracted DNA from randomly discarded items and used it to create a 3D life-sized portrait of the unsuspecting donor. There is also an accompanying video, called *DNA Spoofing: DIY Counter-Surveillance*, showing how easy it is for a person to use another's DNA in order to conceal their own.

Also utilizing DNA is Paul Vanouse's *Latent Figure Protocol Lightbox Instances*. His work is made up of six light boxes that display genetic codes the artist had cut and manipulated to appear in various recognizable symbols, showing just how easy it is to shape and mold DNA.

Brandon Ballengée makes a plea for avian and amphibian conservation with his two featured projects: *A Season in Hell Series: Deadly Born Cry and Malamp: the Occurrence of Deformities in Amphipians*. The first is a series of digital chromogenic prints of deceased birds that have been mechanically altered in lab experiments to prevent wing development. The latter project is made up of two parts: *Styx* is a series of illuminated Petrie dishes displaying genetically-malformed frogs that have been chemically treated to be transparent, and then injected with colored dye

to showcase their deformities.

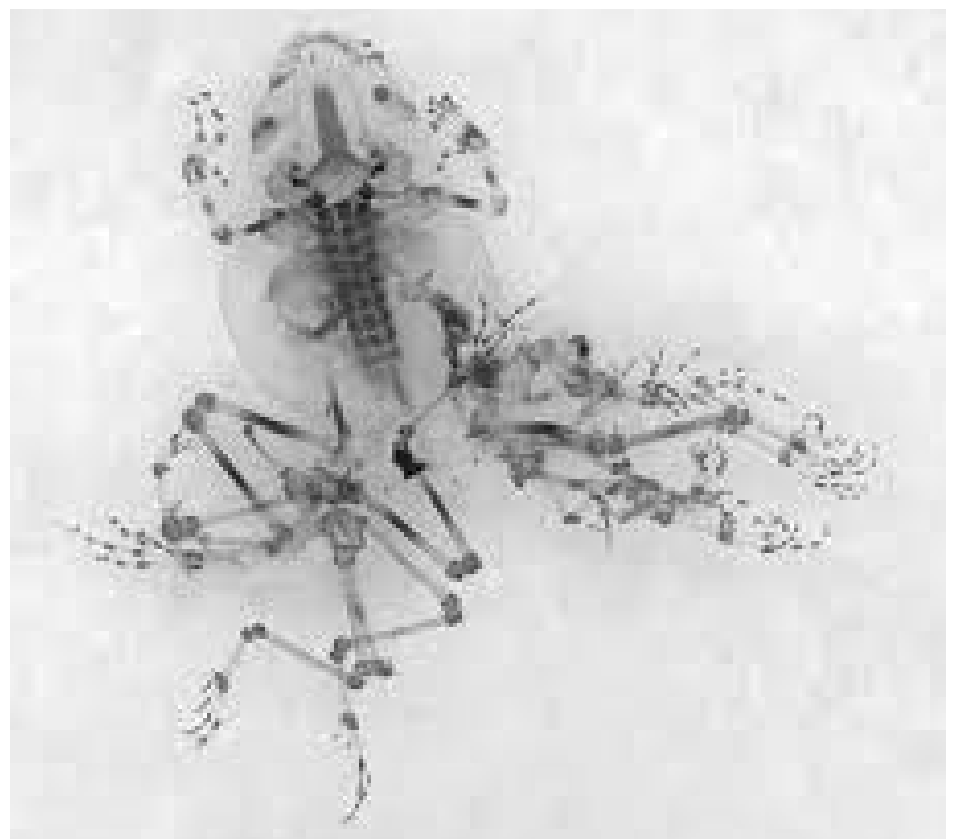
Reliquaries are enlarged photographs of these cleared and stained frogs, intended to serve as memorials. Both of Ballengée's works demonstrate the harsh impact our urbanization and pollution has on the environment.

Soyo Lee delves into anatomical specimen conservation with her piece, *A Dying Art*. It shows, with photographs and accompanying captions, how the artist worked with the Müller Museum of the College of Physicians of Philadelphia to properly clean and restore decaying fetal remains that had been previously dissected and not properly preserved afterward. It is now possible for these specimens, afflicted by various medical conditions, to be studied by the medical community in order to learn about some of the crippling diseases that can affect humans while in utero.

Helen J. Bullard's featured piece highlights the threat the biomedical community poses to our environment. *Blood Oath* tells the plight of the Atlantic horseshoe crab, whose blood is often harvested by pharmaceutical companies for use in manufacturing intravenous medications. Although these animals are rehabilitated and then released back into their natural habitat, Bullard's piece reveals these creatures don't always survive this process.

Signs of Existence: Biotech Art is an eye opening experience. Even if you have no interest in science, this is a great exhibit to check out.

The exhibition continues until October 24th.



Deformed frogs by artist Brandon Ballengée

ARIANA GRANDE

By Christine Kang

A new star is on the rise! Watch out Mariah Carey, looks like someone's filling up your shoes...or is coming close. Meet Ariana Grande, the pint sized powerhouse and top charting vocalist. Who knew such a voice can come from this petite, 5'1 ft., girl next door. She's often compared to Mariah Carey; with her powerful pipes, whistle register and high falsetto, her vocal range comes up to par with acclaimed diva's. With her Mariah-esque vocals, I envision her to be this generation's new "Mariah Carey". She is one of only fifteen female solo artists whose first albums debuted at No. 1.

Before her music career soared off, she was a former Nickelodeon star in the hit show, 'Victorious', and currently has her own spin-off show, 'Sam and Cat', which airs every Saturday at 8 on Nickelodeon. Now

this birdy has spread her wings beyond children's television and into the music industry. The 20-year old rising star debuted her album, 'Yours Truly', on September 3, which skyrocketed to number one on iTunes in over 35 countries. It was hailed as one of the year's best album. It includes the smash hit, 'The Way' featuring rapper, Mac Miller, which also topped its 'Top Singles' charts on iTunes. The song became an unexpected success and an instant hit. It sold over 120,000 copies in the first 48 hours and then sold over 219,000 copies in its opening week. It holds the third best selling first-week sales figure of 2013 closely following behind Justin Timberlake's, "Suit and Tie" and One Direction's, "Best Song Ever". It debuted at number ten on the U.S Billboard Hot 100, becoming Ariana's first top ten success on the chart. This made her the first top ten arrival for a lead female artist making her first

Hot 100. Since its release, "The Way" has spent twenty-three weeks in the Billboard Hot 100 charts, solidifying her as an up and rising star to watch.

Her music inspiration stems from artists including Whitney Houston, Christina Aguilera, Mariah Carey, Alicia Keys, Katy Perry, Amy Winehouse, and Madonna. It has an urban pop, R&B, 90s music with an underlying doo-woop feel to it, a lane that isn't occupied in the music scene nowadays. She's brings a fresh and unique approach to her style of music, setting her apart from the generic, mainstream type of sound we hear on the radio. If you think she sounds good on track, you should hear her sing live. She sounds flawless if not better live, which is proof of her pure talent. Some of my personal favorite tracks from her album include the songs, 'Honeymoon Avenue', which has a relaxed, smooth melancholy vibe, 'You'll

Never Know', a fun, quick-paced song, and a soothing R&B, hair rising ballad, 'Almost Is Never Enough' featuring one of the members from 'The Wanted', Nathan Sykes. The chemistry between them is undeniable once you listen to these duo sing and harmonize flawlessly in this particular track. With its pretty piano ballad, it is a simple, yet beautiful song about unrequited love you'll soon have on repeat.

Praised by many as "artist of a generation", she truly epitomizes the full package of a talented vocalist. Unlike most TV actress turned singers, Ariana Grande is not just another pretty face, but is authentically talented and undoubtedly going to rise high in the music industry. This is only the beginning of her stardom and success, and it only goes up from here for this little firecracker!

DR. DEB

Dear Dr. Deb,

I'm in a relationship but I have an issue with my girlfriend. I don't want anyone to know about our relationship. Am I wrong?

Thank you,
Relationship Ruse

Dear Relationship Ruse,

The issue is not with your girlfriend but with you. A true, healthy, committed relationship requires honesty and openness. Hiding your "girlfriend" from others is not honest. It also is not fair to her. You are treating her as a concubine rather than as someone you care about and respect. Your behavior suggests that you do not care about her at all. Perhaps you only care about what you can get from her but you are not giving her what she deserves, an honest, loving boyfriend who respects her and respects women. She should give you what you deserve, to be dumped.

Dear Dr. Deb,

I walked in my room to find my roommate having sex with his girlfriend on my bed. What should I do?

Best,
Broken Boundaries

Dear Broken Boundaries,

It is important that you feel comfortable and secure in your living space. This requires creating a sense of honesty, trust and understanding between you and your roommate. It also requires that you establish clear boundaries with one another to ensure that your personal space is honored and respected. Clearly your roommate violated your personal space by engaging in sexual relations on your bed. He certainly does not respect you or your boundaries by his egregious actions.

I recommend that you confront your roommate about his behavior, explaining that you as roommates need to re-establish rules and boundaries in order for this living situation to be comfortable and cohesive. To do so, tell him that together you would like to create a list of reasonable rules to follow to facilitate roommate respect and personal space. If your roommate is unwilling to do this or you both cannot agree on a collective set of rules, then I suggest you ask your Resident Advisor to mediate this conflict until a clear set of rules and boundaries have been agreed upon. Otherwise, consider this. What else is your roommate doing when you are out of the room?

Dear Dr. Deb,

My boyfriend is still trying to get his life together because he was in jail before we got together. My ex-boyfriend says he doesn't see how I am with my current boyfriend but my feelings about my current boyfriend are so strong that I overlook his criminal past though I'm not sure if that is good or bad. Do you think I should stay in this relationship or listen to my ex-boyfriend?

Sincerely,
Terribly Torn

Dear Terribly Torn,

Your feelings about your current boyfriend are important. I am glad to hear that he is working on creating a better life for himself. What also is important is the kind of life that each of you want to lead. Your boyfriend does not have to be defined by his criminal past. He, like all of us, can learn from our past and not let it define our present. We first must admit our mistakes and wrongdoings. Then, we must make conscious and strategic steps to do something different. Is this what your boyfriend is doing in his daily life? The answer to this question will say a lot about the kind of life that he is living. How you respond to this answer will say a lot about the kind of life you want to lead. Then you will know whether you should stay in this relationship or not.



Dr. Deb is an educational psychologist who received her doctorate from UCLA. She can be heard live on Awareness Avenue every Wednesday from 2 to 4 pm on OWWR. She also can be seen on Awareness Avenue every Monday at 9 pm on Cablevision Channel 20. If you have any questions or issues for Dr. Deb, please send them to awarenessavenue@gmail.com.

CALENDAR



PANTHER PRIDE 2013



| October | | | | | | |
|--|---|--|--|--|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 1 SGA vs. RHA Game Clark Athletic Center 8pm UNICEF Tabling Campus Center, outside the cafeteria 12pm-1pm | 2 Culture Cafe CC F-Wing 12pm LEAD Program Workshop Student Union 311/ Conf Room B 12:00pm-1:30pm | 3 SGA Party SU MPR (Multi Purpose Room) 11pm - 2am | 4 Trip to Six Flags Great Adventures Fright Fest Bus departs from SU Rotunda 2pm | 5 |
| 6 Shekinah Chorale: Worship Series Campus Center Recital Hall 7pm- 9pm | 7 Active Minds: Stomp Out Stigma Campus Center - F 12pm-3pm Phi Iota Alpha: Stress Coping Workshop Student Union 311/ Conf Room B 7pm- 9pm | 8 Drums Not Drugs Student Union 319 12pm-1pm Career Planning & Development: Backpack to Briefcase Student Union 311/ Conf Room B 12pm-1pm | 9 Pool Club: Pool 101 Student Union 202 12pm-1pm High Profile: Free Money Student Union 312 9pm- 11pm | 10 UNICEF: Poverty Around the World Student Union MPR A&B 8pm-10pm | 11 | 12 |
| 13 | 14 | 15 Cake Off CC Atrium 12pm - 1pm Meet the Royal Courts Finalists SU MPR 5pm - 6:30pm | 16 PPW Opening Lunch CC Atrium 12pm - 3pm Midnight Madness Clark Athletic Center 7pm - 12am | 17 OW County Fair/ Decorate OW-Win SU MPR's 12pm - 3pm Lip-Sync Competition SU MPR B 5pm - 6:30pm Dive-In Movie Clark Center Pool 8pm - 12am | 18 Student vs. Faculty/Staff Softball Jackie Robinson Athletic Complex 2:30pm - 4:30pm Concert - Mike Posner Maguire Theatre 8pm | 19 Panther Fest Jackie Robinson Athletic Complex 12pm - 4pm Ceremonial Dinner CC Atrium 4:30pm - 6:30pm Old Westbury's Got Talent Maguire Theatre 7pm - 10pm |
| 20 | 21 SGA: Budget Committee Meeting SU 3111 Conf Rm B 12PM-1PM Zeta Phi Beta: Informational SU 312 Conf rm 9pm- 11pm Delta Sigma Theta: For the Love SU MPR A 9:13pm-11 pm | 22 Drums Not Drugs SU 319 12pm - 1pm Poetry Club: General Meeting NAB 1109 12pm - 1pm Omega Phi Beta: My High is Green SU MPR A 8:30pm - 10:30pm | 23 LEAD Program Workshop SU 311/Conf Room B 12pm-1:30pm Peer Educators Program SU 319 12pm - 1pm High Profile: OW Film Festival SU MPR A&B 8pm-10:30pm | 24 CSLI: GPC Meeting SU 312/Conf Room A 12pm-1pm Career Planning & Development: Backpack to Briefcase SU 312/Conf Room A 1pm-2pm | 25 SGA: Programming Committe Meeting SU 319 2pm-3:30pm Alpha Phi Alpha:Ms Black &Gold Pageant Campus Center Maguire Theater 7pm-10:30pm Swag & SGA Senior Committe: Bayville off site: Bayville Scream Park 8pm- 11pm | 26 Mu Sigma Upsilon: Thanksgiving Can Drive Campus Center F Wing 12pm-6pm |
| 27 Delta Sigma Theta: Mr Debonair Rehearsal SU MPR C 6pm-10pm Tau Kappa Epsilon: Chivalry Is Not Dead SU MPR A 8pm-10pm | 28 Commuter programs & Services: Commuter Connect Tabling Campus Center F wing 12pm-1pm Office of the Dean of Students: Dry Happy Hour SU MPR B 6:30pm-8:30pm | 29 Sigma Iota Alpha: Halloween Fundraiser Campus Center F wing 12pm-2pm SGA Assembly meeting SU MPR A 7pm-9pm | 30 Active Minds; Trick of the Mind Campus Center Recital Hall 7:30pm- 10:00pm UNICEF Members Meeting SU 312/Conf rm A 8:30pm-9:30pm | 31 SGA: Programming Committee Meeting SU 319 2pm-3:0pm Sigma Iota Alpha: Demystifying Santeria SU 311/Conf rm A 8pm-10pm | | |

A Look at the Local Teams as the NHL Season Gets Underway

By Scott Clinco

The sun is going down sooner, the weather is getting cooler, so that can only mean one thing. Hockey is right around the corner. This season is shaping up to be an interesting one for all three local area NHL teams.

The Devils are looking to improve upon last season which saw them finish in last place in the division. The loss of all-star forward Ilya Kovalchuk, who retired over the summer to go home to Russia and play certainly won't help their case. They will be looking to guys like Jaromir Jagr, Ryan Clowe, and Michael Ryder to make up for Kovalchuk and enforcer David Clarkson's offensive output. Clarkson signed a big deal with the Toronto Maple Leafs as a free agent on July 5th.

Meanwhile, the Devils defense has gotten a bit old but even with their age they will need them to be a stabilizing presence as the year goes on if they plan to have any success. In net, they are looking to the newly acquired Cory Schneider to take some pressure of the aging Marty Brodeur. If Schneider's play this pre season is any indication, he will be more than capable of not only taking pressure of Brodeur but being the Devils number one goalie for this season and many more to come.

The Rangers are looking to improve on last season's 6th place finish which was disappointing for some. Following their acquisition of Rick Nash last summer, the Rangers were pegged to be Stanley Cup contenders last season but ended up being far from that. The team's struggles led to them letting go of head coach John Tortorella over the summer, and bringing in former Canucks head coach, Alain Vigneault.

Once again heading into this season the team is being expected to have a lengthy playoff run. They may have issues achieving that though because Vigneault is known to play a real run and gun high pressure offensive system and the Rangers don't have the players to execute such a system. That is even truer now with the hold out of young center Derek Stepan who is a restricted free agent and hasn't been able to come to terms on a new contract with the team. Team Sports Network (TSN) analyst Darren Dreger recently reported that he doesn't expect Stepan to be on the Rangers roster on opening night. In order for the team to have a shot they will be counting on Henrik Lundqvist who is a

year older to continue being arguably the best goalie in the league, and they will need to come to an agreement with Stepan to be a fixture of their offense. If one or both of these things fail to occur, it could be a tough year for the Rangers.

After shocking most of the NHL and making the playoffs last season, the Islanders are looking to come out this season and prove to everyone that last year wasn't a fluke. This seasons Islanders are very similar to the team that made the playoffs last season with very few off season moves being made. The biggest roster moves were the signing of Pierre Marc Bouchard to a 1 year 2 million dollar contract to take Brad Boyes spot alongside John Tavares and Matt Moulson. Additionally, a big roster move was the acquisition of Bouchard's Minnesota Wild teammate Cal Clutterbuck on draft day along with a draft pick in exchange for disgruntled prospect Nino Niederreiter.

The most important moves for the team probably came off the ice though as they were able to sign the newly acquired Clutterbuck to a 4 year deal worth 11 million dollars. On top of that, they were able to sign forward Josh Bailey to a 5 year deal worth 16 million dollars and defenseman Travis Hamonic to a 7 year contract worth 27 million dollars. With Hamonic's quick evolution into a top defenseman in this league, his contract has been praised around the league as a fantastic deal for the Islanders.

Heading into this season, the Islanders biggest concern is in the net. The team bought back goalie Evgeni Nabokov to be the starter even after his subpar performance in the playoffs. The team didn't bring in another veteran so the backup job will be left to a competition between prospects Kevin Poulin and Anders Nilsson.

On defense the Islanders will feel the loss of Mark Streit on offense but the combo of Matt Donovan, Brian Strait, and Thomas Hickey should more than be able to make up for Streits defense. The loss of Streit caused the team to name John Tavares the team's new captain on September 9th, 11 days before his 23rd birthday. Assuming the team is able to get consistent play from their goalies and their young defensive players take the next step forward, there is no reason why they won't be able to qualify for the NHL playoffs for a second consecutive season.



<http://cdn.coshysweaters.com/wp-content/uploads/2012/06/image.jpg>



<http://nyrzone.com/wp-content/uploads/2012/07/stepan.jpg>



http://cdn.newsdaily.com/polopoly_fs/

OW PANTHERS WOMEN'S SOCCER LEND'S HAND AT 28TH ANNUAL INTERNATIONAL COASTAL CLEANUP



Old Westbury women's soccer striking a pose with Governor Andrew Cuomo

By Harris Rappel

OYSTER BAY, NY -- The SUNY College at Old Westbury women's soccer team spent Saturday September 21st lending a helping hand at Theodore Roosevelt Memorial Park's 28th annual International Coastal Cleanup.

Head coach Craig Newman, assistant coach Betty Bohringer and the Panthers took part in the community service project in Oyster Bay, New York. Old Westbury's women's soccer team met on campus early Saturday morning to head over to Oyster Bay to participate in the cleanup.

The Panthers were part of an estimated 200 volunteers who were mobilized from 8 a.m. – noon, combining to remove 20 tons of refuse from the ecosystem during the day-long event.

At one point, the women's soccer team capitalized on a photo opportunity with Governor Andrew Cuomo and famed pianist, singer-songwriter and composer Billy Joel.

The event was sponsored by the Ocean Conservancy and American Littoral Society while the Town of Oyster Bay, Oyster Bay Sail & Power Squadron, North Oyster Bay Baymen's Association and Friends of the Bay jointly coordinated the effort locally.