

# THE CATALYST

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“IGNITING THE MIND”

FREE

## Registration Issues

By Marilyn Bonilla

SUNY Old Westbury students and staff have complaints when it comes to registering for classes. Sophomore Gabriella Guerrero almost lost her financial aid due to registration issues. Dean of Students Rollie Buchanan believes that the availability of classes does not meet student needs. Assistant Director of First-Year Experience Cynthia Anderson said that there were a lot more first-year students enrolled than expected this year, which caused an overflow in general education courses.

Guerrero began her sophomore year with two classes, when she initially signed up for four, the semester before. “One of my classes was dropped sometime late July, but I did not receive any call or email,” she said. “It was not until I checked my portal during August, and I saw it was cancelled. There was no reason to why it was cancelled either.” She added that on her first day of school, she got a phone call from the professor of another class, stating that it was permanently cancelled because of lack of student enrollment. “It was literally six hours before my class that I received that call.”

Guerrero had to immediately add two classes to her schedule, or else she would have not received financial aid. In order to receive financial aid, a student has to be enrolled full-time, which consists of twelve or more credits. Guerrero stated that she is not satisfied with the classes she is enrolled in.

Buchanan stated that there is a lack of availability of classes. Some classes students need to take are available at the same time, forcing students to choose one and wait another semester to take the other. Also, there are prerequisite classes, having to take one class in order to get into another. The problem with that is that “not all class-

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## THE RENOVATED LIBRARY



By Marilyn Bonilla

Students may only have access to one floor in the library, but there are new features such as more space, new furniture, more computers, and a self-use copy machine. The library also has new lighting and new air-circulation. “Everyone in the library is now breathing better air,” said Library Director Stephen Kirkpatrick.

The math lab and writing center that were temporarily relocated are now in the library. “We are seeing a record number of students,” said Writing Center Director Jody Cardinal. Cardinal believes that one of the reasons more students are using the writing center is because it is easier to find.

The renovated library that students walked into this fall was a project

that was supposed to be finished in the spring, however, due to construction issues, it was delayed. The library reconstruction project that started in June 2012 is projected to finish in the summer of 2016 costing an estimated \$20 million.

By the summer of 2015, the main floor and some of the second will be completed. The side of the main floor that is still being constructed will consist of mostly bookshelves. The second floor will have private and group rooms available for students to use.

Kirkpatrick said that there will be conference rooms and hopefully a media lab when the library is all done. “The visual arts department as well as media students could have their own lab upstairs,” he said.

The state sells bonds to make capital projects such the renovations to the

(Cont. on page 3.)

## Does Yes Mean Yes at Old West?

By Laura DeMarzo

New York Governor Andrew Cuomo has made a call to action for SUNY schools to revamp their handling of sexual assaults by stressing the necessity of consent. In an October 2<sup>nd</sup>, news conference the NY governor called for SUNY Colleges to lead by example, “It is not SUNY’s problem by origination,” he said. “I would suggest it should be SUNY’s problem to solve and SUNY’s place to lead.”

Old Westbury President Calvin O. Butts, III has urged students, faculty, staff, and alumni to use social media and participate in the White House’s sexual assault prevention on college campuses campaign, “It’s on Us.”

California lawmakers made history on September 28<sup>th</sup> by passing the “Yes Means Yes” law, inherently transforming the subjective “No Means No” platform into something more precise.

Consent means “an affirmative, unambiguous and conscious decision” by both people to partake in sexual activity according to the bill, promoted by Los Angeles Democratic Senator Kevin de Leon. This obliterates the grey area that places the responsibility on the alleged victims, in cases where parties may have been somehow inebriated or otherwise unable to consent to sexual advances. With the formation of a White House task force to battle sexual assault, the “It’s On Us” national educational campaign and the refocusing of Title 9 (a law that fights discrimination based on sex, that threatens a college’s government funding for inaction/underreporting of crimes, including sexual assault) college campuses

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## A Letter from the Editors



Hello All:

We hope that your summers were fantastic and that your fall semester is off to a great start. We want to acknowledge what a privilege it is to be the new editors of *The Catalyst* and that working with Professor Friedman for another semester is a priceless learning experience.

Most significantly, this is your paper as much as it is ours. So, anything you'd like covered, questions you want asked or answered, things you love or things you hate, *The Catalyst* is the place where you can write about them or suggest that we write about them.

Together it is our duty to keep you informed, to give you an avenue to showcase your voices, and to act as your voices when necessary. You can always reach us through e-mail (OWCatalystWriters@gmail.com) or come to a meeting (**Tuesdays at 12 p.m. during Common Hour, The Catalyst office/Student Union 331**) or by leaving a note in the office if one of us isn't there. Here's to an exciting semester!

Your Editors,  
**Laura DeMarzo and Marilynn Bonilla**

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## SGA PRESIDENT STEPS DOWN

By Laura DeMarzo

Earl Thomason has announced that he will not be continuing as Student Government Association President. "Due to academic hardships I faced following my experience as VP of Business and Finance, I am not able to continue as the SGA president, he told *The Catalyst*.

Executive Vice President Frank Ilozue will take over the position of president per the SGA constitution. During Thomason's time as Business and Finance VP, he was successful in filling most SGA Senate and E-Board seats, one of them

being Ilozue's. "He spoke with a passion and vision that resembled the goals I planned on pursuing which made it easy for me to recommend that he apply for the position," Thomason said.

The new president's goals include increasing commuter involvement, focusing on residential policies, enacting better programming and building transparency between the SGA and students. Thomason is optimistic about the change, "The transition was an unexpected one but I am a strong believer in faith. Frank is where he needs to be, as am I."

## Seybold Retires

By Laura DeMarzo

After thirteen years on campus and thirty-two years in the computer technology field, Chief Information Officer Marc Seybold retired in September but not before resolving Wi-Fi issues the day of his faculty retirement party.

Network issues on September 23<sup>rd</sup> and 24<sup>th</sup> may have seemed like a hefty problem to undertake right before one's retirement, but it's those tasks that stir up Seybold's passion. "I was a few years too young, but I was excited about everything going on," he said, referring to Steve Jobs, Bill Gates and the influx of innovative technology in Silicon Valley during the early 1980's. "I was [doing that] for years, puzzles, toy airplanes, building computers."

So what's next for Marc Seybold? Ever the avid traveler, he admits that while he "has pins all over" his map (including Antarctica), he hasn't chosen



his most immediate destination yet, though Namibia and Madagascar are in the running.

After many years, the joy Seybold still has for his job is immediately palpable in his tone and enthusiasm when reminiscing. "Mentoring students would be my fondest memory. As with plants, when you help these students succeed you're providing sunshine."

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## The Renovated Library

library. Budget proposals are waiting to be approved by the state so the library can be finished. Therefore, there is no official date that the library will be finished.

The money used for the library construction comes from capital funds, not the college's money. Students' college tuition does not go to these renovations. "What the tuition does go to are the books and database," said Kirkpatrick. He stresses that students do actually use the resources they pay for, including the library's database. He wants students to use the website and the communication services that are provided. "If students are having problems with the database, no matter where they are, they can call us or text us," said Kirkpatrick.

To access the library's resources, visit: [libguides.oldwestbury.edu](http://libguides.oldwestbury.edu).

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## Registration Issues

es are always offered," said Buchanan. This may delay graduation.

"Life isn't perfect," said Registrar Patricia Smith, discussing Guerrero's case. Smith stated that although it was an unfortunate event, when there are not enough students enrolled in a class, it must be dropped due to budgeting.

Some situations, such as Guerrero's case, are unpredictable. Therefore, Smith suggests that students constantly check their email and student portal. She added that students should register early and make sure their account has no holds.

According to Smith, every first-year student needs to meet with an advisor to receive a pin in order to enroll in classes. However, after the first year, students no longer need to meet with their advisors to receive a pin. Since some classes are not always offered, and others need a prerequisite, Smith still advises all students to see an advisor to guide them to choosing classes.

Smith confirmed that there were more first-year students admitted than planned for the fall 2014 semester. She stated that it is difficult when the school prepares for a certain number of students and enrolls more.

Buchanan agrees with Smith that the best thing to do when students register is to meet with their advisors even when they are no longer in the first-year. "When students do not meet with their advisors, they make take courses they don't need or that don't count," Buchanan said.

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## Does Yes Mean Yes at Old West?

nation-wide have been feeling the pressure to act.

The meeting point for the differing parties involved seemed to be that conversations on campuses nationwide need to change. Leading the way in altering the tone amongst colleges are the University of Kentucky and the University of New Hampshire, with their SHARPP (Sexual Harassment and Rape Prevention Program) and VIP (Violence Intervention & Prevention center) respectively. These programs focus on bystander training, so outside parties can know how to assess and quell a potentially dangerous situation.

The "Yes means Yes" bill is the first of its kind to be passed but the need to combat acquaintance, date or non-forcible rape (the term non-forcible is used when one party is unable to legally consent) has been a significant conversation at colleges for years—for example, a story on Rohypnol (the date rape drug) entitled "Roofies: The Date-rape Drug" appeared in a 1996 issue of *Newsweek* magazine.

The idea of acquaintance rape has been brought to the forefront and for good reasons. Acquaintance Rape doesn't always include the concrete crime of being drugged and assaulted. In situations where there had been a history of mutual interest people tend to not sympathize with the victims. The consensus seems to be that if you have agreed to engage in *anything* sexual with a person, you have agreed to engage in everything sexual with a person. Activist Sofie Karasek explained to *The Detroit Free Press*, "There's this pervasive idea that if it's not super violent, it doesn't count."

Unreasonable as it may sound, it's a culture symptom that's prevalent on many college campuses, including our own. "We just didn't believe her," recalls an Old Westbury alumna, who was promised anonymity, referring to her

first year roommate who revealed that she had been raped by her boyfriend's best friend while intoxicated. "I'm ashamed to say it, I consider myself a feminist and I had no reason not to believe her. We just assumed she got drunk and didn't want to admit that she slept with this guy."

Soon enough, it became an unspoken pseudo-truth among their circle of friends that the co-ed was simply "loose." And what about her roommate's allegations? "She just kind of, stopped talking about it," added the alumna. These stories aren't rare either. The dichotomy of rape culture is prevalent, whether it's on small scale like the student who was met with a wink and a nod last semester as she ate a lollipop in class or the more significant examples.

An Old Westbury Junior explained a situation she experienced, "I was drinking one night, and a guy I knew offered to walk with me back to my room and he tried to take my pants off, I felt violated." She reported the incident but the line of questioning and tone she perceived from her residential advisor changed her mind. "It was (a lot of) 'Well, weren't you drinking?' 'Are you sure this happened?'"

Understandably, intimate and sometimes invasive questions need to be asked as the impact and repercussions of such allegations are life changing for all parties involved. However, a small number of people are trained extensively enough in a victim's pathology. A lack of intense training can set up a tricky dynamic where the intentions are good but the outcome is detrimental. This problem surfaces during some Residence Hall sex talks. "The point is to have a conversation about safe sex, hosted by the R.A.'s," one dormer confessed, "but to no fault of the R.A., it turns into guys talking about what positions they like and everyone slut-shaming."

According to the White House task force, one in five female college students say they have been sexually attacked, yet

only 12% of sexual assaults are reported. The problem of sexual assault extends to the LGBT community. As reported by the Center for American Progress, "Nearly half of all bisexual men and four in ten gay men have experienced a type of sexual violence besides rape. Nearly half of all bisexual women and one in eight lesbian women have experienced rape and in a survey of transgender individuals, 64 percent said they had experienced sexual assault in their lifetimes."

As for the Old Westbury Annual Safety and Fire Report, prepared by the university police, there was only one forcible sexual assault reported for 2012-2013 and 2013-2014, and no non-forcible sexual assaults reported for both years. It's clear that sexual assault is vastly under reported and there's an array of reasons why. A complaint first goes to University Police, than to the Judicial Committee. Brian Schwirzburn, the Director of Judicial Affairs, who noted that in parallel investigations, a victim can be advised not speak to a school's judicial committee, as it can negatively impact their case in a court of law. The Counseling Center's director Dr. Trisha Billard acknowledged that coming forward is extremely difficult for most, "It's hard; [victims] have to be ready." And while there are gynecology services provided on campus, there is no way to perform a sexual assault evidence kit (Rape Kit) here, meaning a trip to the local hospital would have to be on the a victim's itinerary. So, once a victim does come forward, the process sometimes can send them back into reclusion.

SUNY Old Westbury Detective Dorothy Criscuolo has a Rape Aggression Defense (RAD) program on campus. "It's like a self-defense class but not many people know we do it," she said. But upon asking five random students about the RAD Program—which has been offered since 2005—four students were entirely unfamiliar and one student asked, "Is it the thing with the T-shirts?"

# PRESIDENTIAL CONVOCATION 2014

By Destini Hornbuckle

On September 9<sup>th</sup>, the Maguire Theater was filled with students and faculty gathered to hear President Calvin O. Butts III welcome SUNY Old Westbury's newest students. "As long as I'm here I want it to continue, it represents change and modern growth," President Butts said on the topic of construction. Though some students are annoyed at the sight of the construction, President Butts would like everyone to remember

that construction is making SUNY Old Westbury a better place.

He also made it very clear that everyone should feel the need to respect our campus. This includes throwing trash in trash cans, keeping the dormitories tidy, and of course always displaying Panther Pride.

President Butts also acknowledged the dynamic staff and faculty at SUNY Old Westbury. He thanked them, not only their time, but their constant dedication. In turn, he explained that this is the same kind

of dedication is expected of students. He explained that though sometimes as college students it can be difficult to stay on track, it is imperative to always remain motivated.

There was also a salsa band performance at the convocation and a salsa dancer. Those who attended the president's convocation of 2014 might have left with two things: a salsa tune on their mind and a sense of determination to always do and be their best.

## OWWR GETS “INDUSTRY LEVEL EQUIPMENT”

By Marilynn Bonilla

The Old Westbury Web Radio Station (OWWR) had its equipment updated from an analog system to a digital system.

The reconstruction started in May, and it was not until September 25th that marked one week of radio station staff doing programming. “Since the reconstruction took an entire summer, we had to use another studio for live broadcast-

ing,” said Program Director Jean Beute. Although major reconstruction and wiring went on, the radio system was not down for long periods of time. OWWR Station Manager Joseph Manfredi and his contractor did all the reconstruction. While Manfredi was teaching summer classes, he worked on the wiring.

According to Manfredi, although students were trained for the analog system, it was a smooth transition for them, since it only involved minor changes. Beute

states that it is a lot easier for people to use, especially for the new-comers on staff. “The best improvement is that it is a lot easier on the eyes to measure the volume on the microphone. Before, you had to measure the volume on a VU meter, so it was hard to see if you were too loud or not. Now, it’s a lot easier when you see a red light flashing at you too signal you’re being too loud,” said Beute. He added that it makes it a lot easier for overnight broadcasting, “what was a four

to five step process, now takes two steps.”

Manfredi’s enthusiasm is reflected by the students when they are on the radio and when they use the new equipment. “My goal is for students to be able to be at a level where they can now compete,” said Manfredi. Senior Kaishla Figueroa, a member of OWWR agreed, “It’s an opportunity for student DJ’s and on air personalities to meet industry standards, further establishing the credibility of our student media.”



The Digital System in *Studio A* at the OWWR Station



The station’s new studio mixer board.

## Purple Pump Award for Staff and Alumna

By Monique Atherley

On Thursday October 29<sup>th</sup>, two Old Westbury community members will be recognized by The Moxxie Mentoring Foundation for superb commitment to personal and professional development. Alumna Talisa Flatts and Director of Commuter Programs and Services and Moxxie College Coordinator Veronica Gerosimo will be receiving the illustrious Purple Pump Award at the 3<sup>rd</sup> Annual Emerald Summit.

The Moxxie Mentoring Foundation, Inc is a 501(c)3 nonprofit corporation established in 2012 to expand mentoring programs. The mission of the Foundation is to support and foster the career advancement and leadership development of young women through generational mentoring.

The Moxxie Network is a women’s business community comprised of senior-level business & professional women. The Moxxie Foundation mentors approximately 50-60 young women each year which is comprised of about 30 Ms. Moxxies (young professionals in their 20s and 30s) and 20 Jr. Moxxies (college-level students) from Old Westbury and 4

neighboring schools. Since its inception in 2010, Moxxie has mentored close to 200 young women.

The Emerald Summit is the annual fundraiser for The Moxxie Mentoring Foundation.

CPS Director/Jr. Moxxie College Coordinator Veronica Gerosimo, who obtained a B.A. in Public Relations and a M.S.Ed in Higher Education Leadership and Policy Studies from Hofstra University, has been in her role at the College since 2011. Not only does she serve as the Jr. Moxxie College Coordinator, she leads by example and continues her own professional and personal development as active member of the Ms. Moxxie mentoring program geared towards young professional women. She is active member of the Leisure Book Club, the Dining Club, and starting up an Athletic Adventures club for the group. These clubs allow continual networking with other professionals involved in the Moxxie Foundation. Gerosimo says, “Working with Moxxie has shown me how valuable I am as a person and an employee. I’ve learned tips on strengthening my brand, presentation skills, communication, negotiation, and more. It’s allowed me to really understand what I have to offer, and also what I need to con-

tinually work on.”

Not only does Gerosimo serve as the Jr. Moxxie College Coordinator, she also leads by example and continues her own professional and personal development as active member of the Ms. Moxxie mentoring program geared towards young professional women

Talisa Flatts recently received her B.S. in Industrial and Labor Relations from the College. During her time as an undergrad, she served as a student orientation leader, Ambassador to International students, and Teachers Assistant in the Computer Science Department. Her mentor in the program and now a lifelong mentor is Shannon Mashburn, first Vice President of Human Resources at New York Community Bancorp Inc.

She is currently working with New York Community Bankcorp as a HR Administrator. Flatts mentions that Moxxie challenged her to “be more open and come out of her skin,” as well as helping her to give back to the Community. Jr. Moxxie College Coordinator Gerosimo calls Flatts a “natural professional” and “superstar” of Moxxie because of how much she “wows” people and builds strong connections.

Moxxie Mentorship has been offered at Old Westbury since March 2012

and had 11 young women go through the program in its tenure, with 5 entering the program this fall. The Moxxie experience has offered Old Westbury Moxxies the opportunity for job site visits and recreational trips to NY Yankee Games, Google, The Rachel Ray Show, Jazz at Lincoln Center, and WCBS Radio. Gerosimo praises the program for “having students teamed up with fantastic mentors who have introduced them to internship and job opportunities, various networking events, and life-long friendships.”

For acceptance into the Jr. Moxxie program on campus, there is an application and selection process done each Spring. Those who are selected then receive subsidized memberships to the program. The minimum requirements are a 2.5 cumulative GPA, enrollment in the College for the subsequent academic year, and having shown potential in being a strong leader and looking for experience or opportunities that will allow them to grow.

For more information on The Moxxie Foundation or the Emerald Summit, check their websites at <http://www.moxxietwork.com/> or <http://www.emeraldsummit.org/>.

## HUMVEE ACQUIRED BY UNIVERSITY POLICE

By Kaishla Figueroa

Schools across the country are following a new trend: acquiring military vehicles for their police fleets—and our campus seems to be following the trend. According to *The Washington Post*, this is largely due to a Defense Department program credited with helping to militarize local police departments that also transferred hundreds of pieces of equipment and weapons to school, colleges and university police. Nearly two dozen law enforcement agencies from more than 30 states were affiliated with schools, with about 100 of them university or college affiliated.

The 1033 program, as it is commonly referred to, redistributes unneeded military equipment including vehicles, weapons, and body armor to local police forces. Some of these include public schools in San Diego, Los Angeles and Pinellas County in Florida. Since its inception, the Humvee has become a staple of military operations, both global and domestic. Development of these high mobility multi-purpose wheeled vehicles began with design testing in 1982 under a government program called xm998. The “winning” design resulted in a \$1.2 billion contract in 1983 for the production and delivery of 55,000 vehicles. As with any

new technology, these had to be improved before they met the standards the military was hoping to achieve. They were first used in the field in 1989 during the US invasion of Panama.

Old Westbury’s Humvee was used by the U.S. Military in Desert Storm. University Police acquired the vehicle with “little to no cost,” according to Deputy Chief of Police Steve Siena. Before the vehicle could be used at the university, repairs, paint, and security features were made and paid for, although specific numbers were not available at press time. Some equipment was repurposed from existing inventory. Since its restoration, minor repairs were made to radio equipment.

The Humvee was first used on our campus during the aftermath of super storm Sandy. The Humvee’s off-road capabilities proved useful in navigating through massive snow accumulation that is all too frequent during the winter months. In an interview last fall, Siena said only a “select few” were trained in its use. To date, just three member of UPD are trained in its use, with an additional officer tentatively scheduled to receive training in the near future.

UPD has in place emergency plans, along with a protocol for each issue that may occur: an active shooter or natural disaster but none specifically call for the



Humvee in campus parking lot.

use of the military vehicle. UPD says it’s just another resource to aid in the completion of its mission.

“You can do almost anything better.” Siena said in the same interview, in reference to the existing emergency plans. This includes making sure personnel are on hand when needed and acquiring more 4-wheel drive vehicles.

However, with such an ominous presence on campus what message is Old Westbury’s Humvee sending? Numerous organizations and institutions have already spoken out against the militarization of police and the potential for dan-

gerous consequences for civilians. An American Civil Liberties Union report released in June stated, “Neighborhoods are not war zones, and our police officers should not be treating us like wartime enemies.”

“I don’t think anyone who gets to know the members of UPD and our dedication to the safety of the campus would be put off by the sight of a vehicle formerly used by the military.” Siena said when questioned about the message this type of equipment sends.

## SHEDDING LIGHT ON W.I.N.D.

By Cheyenne King

The Women in the New Direction (WIND) club is fairly new on campus, however it has aspirations to become one of the best clubs. It aims to bring the campus together by inspiring and teaching students to unite as one and to also become more active in their communities. WIND has held many events during its short run as a club and shows no sign of stopping to achieve its goal. To uncover more about this fascinating new club, the president, Meleika Amos, was interviewed.



WIND members alongside The Big Live TV

**Q: How would you describe WIND?**

A: WIND is a club about school and community involvement – it’s about getting involved and taking advantage of opportunities. Many persons hear the name, [Women in a New Direction] and assume the club is simply about female empowerment and slamming men but it has an even stronger message. Its main goal is to bring everyone together in an educational and social aspect.

**Q: What is one of the ways in which WIND tries to fulfill its goal of bringing individuals together?**

A: One way is we’re really big on community service. [For instance] We’ve raised awareness for Breast Cancer and Lupus. Last semester we had a Lupus tabling to raise funds for the fight against Lupus. This October, we’re hoping to have a walk station on campus for those can’t make the Breast Cancer walk. We also plan on selling paper bras with the hopes of putting them on display as a mural. Also, in November we have plans to volunteer at a local soup kitchen.

**Q: What drew you to become a member of WIND?**

A: Personally, I was inspired by a friend who had been a part of WIND at her previous school. When she explained the

[logistics] of the club, I was very interested in being a part of WIND.

**Q: What events, if any, have you had in the past?**

A: Last semester, we had *WIND week* during which there were events such as “Relations vs Relationship”, “Mirror Me”, “The Big Live TV meets Old Westbury”, “Who you calling a B?” and [the aforementioned] Lupus Tabling.

**Q: Do you have any upcoming events this semester?**

A: Yes actually! We’re hoping for either a Welcome Back BBQ or a Lock-In to increase socialization between freshmen, transfers and upperclassmen. In December, we’ll be having a program called “Body Party” with a focus on multicultural dance and body images around the world. That’ll be a really fun, informative and interactive event.

**Q: Do you have any advice or tips for someone wishing to join WIND?**

A: There are no exclusions for joining WIND – both males and females are encouraged to attend. We meet Thursdays during common hour upstairs in the Student Union. We’re always looking for people interested in joining and to have people to carry on the club and achieve

our missions. We also don’t separate members from the e-board; everyone has an opinion and a say in our club.

**Q: What inspired you to become president of WIND?**

A: I was actually the vice-president of WIND and when the president had pressing school commitments and could no longer take on as active a role as she’d like, I really stepped up and decided to become president.

**Q: What benefits have you gained from being part of WIND?**

A: WIND has taught me about leadership, communication and the importance of putting my best foot forward and inspiring others.

**Q: Is there anything interesting that you would like to mention about WIND?**

A: [laughs] Well anything that we do, we try to make it lighthearted and fun even when we’re trying to educate others. After all, education doesn’t have to be boring. WIND meets Thursdays at 12pm in the Student Union. Feel free to email WIND for any inquiries at: ow\_wind@yahoo.com

## FAST-FOOD WORKERS FIGHT BACK

By Natalie Maldonado

The fast-food wage strike has become a highly debatable topic. One of the largest recent strikes occurred on September 4th and included hundreds of people from all different cities across the country. Workers from McDonalds, Wendy's, Domino's Pizza, KFC, and more started sit-ins and marches just outside these same restaurants. The overall goal was clear and that was to create enough noise, like getting themselves arrested, as they would receive media attention.

These employees want to increase the worker's wage to \$15 an hour. According to the United States Department of Labor, the minimum wage has been \$8 since December 2013, meaning



Workers are asking for unions to be integrated in future negotiations

the fast-food employees want to almost double their wage. Another part to this puzzle is that these employees want to unionize and they believe that this is the best way to do it without getting punished or ridiculed by employers.

One of the biggest fast-food chains in the country, McDonalds, has come out with a statement that tried to explain the bigger picture when it comes to this problem. They said its franchise operators, "support paying our valued employees fair wages aligned with a competitive marketplace." They also said, "We believe that any minimum-wage increase should be implemented over time so that the impact on owners of small and medium-sized businesses — like the ones who own and operate the majority of our restaurants — is manageable."

Steve West, a restaurant industry analyst for ITG, said that customers would end up paying more for their food to offset the burden of paying these employees their increased wages. This is the ending scenario if an approval for the wage increase did happen. Andrew Puzder, CEO of CKE Restaurants, agrees with West and also said that it will only be a matter of time before customers stop buying their food and eventually that will lead to less positions and maybe even stores having to close. McDonalds stated that about 90% of their restaurants are



Strike protesters fight for their rights in New York.

independently owned. These store owners in turn give their own personal wages.

President Barack Obama made it known that he wanted to help push the overall wage up to about \$10. In his State of the Union address he made it clear that pushing the wages up was a very important goal before 2015. Something else that is very important to how much the government is getting involved is that bills are being pushed through. President Obama is willing to help push for passage of a bill sponsored by Senator Harkin of

Iowa and Representative Miller of California that would raise the federal minimum wage to \$10.10 and index it to inflation. Our Congress last increased the minimum wage seven years ago. This would be a huge stepping-stone in the process of helping move along the small discussions and problems that have risen since this became a movement. The government and head of the companies understand and see what is wanted from the strikers. Time will only tell if an agreement will come to light.

## #HASHTAGS FOR WORLD CHANGE

By Osvaldo Nuñez

During the Civil Rights Movement courageous combatants of social injustice tweeted "Equal opportunity for all African Americans" to show their backing for a real and persuasive structure shift in America. It could be said that it was thanks to this platform alone that the Civil Rights Movement was able to gain widespread momentum and effectively dismantle segregation of schools and neighborhoods all over the country.

Imagine if this were true? Only in a parallel world from ours would this be candid; a world where strife was followed by and ended by a tweet.

The harsh reality is there has never been a great change in history without a focused and proactive engagement by the masses.

The war for the United States' independence was fought by the very people that plowed the land. It took almost 50 years before the Women's Rights Movement would effect in voting rights for women in America. Protests during the Civil Rights Movement were initiated by people who came from every corner of the country to support the cause.

A share or a tweet for the sake of awareness — wouldn't our forefathers have scoffed at this method of "fists in the air"?

Not that our contemporary means of revolution are without merit of innovation; in fact, the Internet's value lies in its ability to reach and spark the masses. It's an indispensable resource in today's world. People now have the ability to connect from anywhere in the world; communication, encouragement, support, and the spreading of information is easier than ever before. This accessibility of the internet, specifically through social media, allows those fed up with social norms in 2014 to set up any kind of rally, protest, or peaceful demonstration quicker and more efficiently than in the past.

Yet, it seems that the contemporary youth of America may quite possibly be one of the most uninterested and passive generations in the country's history. Far too many are absorbed by irrelevancy — trends and entertainment, a generation that shouts "YOLO" and "Turn up" with a fist in the air faster than "Equality" and "Justice."

Too many see society's issues, flirt with reaction, and bluster on with distractions. In an essence, we are controlled by trends. We won't support something if it's not hot on social network or being heavily reported by the media. We lack the concentration to march for miles, we lack the discipline to stand up and fight for our rights — the way the founding fathers did — and we lack the interest to unite for

a long-term campaign against whatever it is that we feel "strongly" about.

In April, it was common to find people tweeting and sharing photos with the hashtag "BringBackOurGirls" in an effort to support the liberation of over 200 girls abducted by a terrorist faction in Nigeria. The fever for the cause lasted only a few weeks before everyone moved on to the next trend, "FreePalestine," in an effort to end the conflict between Palestine and Israel. It is now October and #BringBackOurGirls still has not brought back our girls.

This is not to blame the actual campaigns; they initiated for a great cause. It's the efforts that fizzled out. We decided to take the easy route out by "raising awareness" (sharing and tweeting) and moving on with our lives. Instead of taking real action, we decided that someone else would surely take care of everything. As long as the initial guilt was drowned out by "raising awareness," everything would be okay.

Having said this, there are still many social media campaigns that actually lead to tangible results. An amazing example is the ALS Ice Bucket Challenge. The campaign is designed to raise money and awareness to fight Lou Gehrig's disease, formally known as Amyotrophic Lateral Sclerosis. The challenge went viral, reaching names like Derek Jeter — whose com-

pletion of the challenge brought Michael Jordan. Both athletes' videos went viral on the social networks and video-sharing sites. According to the ALS Association, \$53.3 million has been raised for the cause so far, thanks to the challenge.

What made this challenge so successful was not just its vast exposure, but it's call-to-action. Among the likes of Barack Obama, those that declined the dredging of icy water had the option of making a donation instead. Many were humble enough to accept the challenge and make a donation simultaneously. Overall, the campaign has been noted for its success.

This is our Internet thriving for good. We shouldn't just support things we feel strongly about for the sake of awareness. Awareness simply makes people know. Action is the other half of the puzzle. Just like the ALS Ice Bucket Challenge, awareness should always be followed by action.

Who's to say that Martin Luther King, Jr. wouldn't have loved to tweet his campaign locations and philosophies for the Civil Rights Movement to all of his followers, as well as the world. Right now in 2014, many problems persist, and we have the tools to raise awareness on a worldwide scale, but can we actually finish the job?

## There is no Double Standard in Domestic Violence: It's a Lot Worse When a Man Hits a Woman

By Joseph Randazzo

The domestic violence debate is one that branches off into different categories. In one of those categories lies the question of whether we have a double standard in our culture. Is it fair that when a woman is the aggressor against a man that we as a society aren't as outraged as when a man puts his hands on a woman?

I say yeah. It's pretty fair. It's not even a debate. We should absolutely be way more pissed when it's a guy attacking a girl.

What I'm talking about isn't a widespread debate but if you look under enough Ray Rice article comments, or do a search of "female double standards" on Facebook and Twitter, there are more people than you think out there who believe this is an issue that should be given equal outrage. These people will even claim that it isn't just that women physically abusing men receive no news coverage.

I'm not even sure how this reaches debate status when all you have to do is compare the average size of a man to the

average size of a woman. If men and women were of equal size then it would absolutely be a double standard but the fact of the matter is that male-on-female contact is way more devastating than the other way around.

Men are bigger. According to the *Journal of Bone and Mineral Research*, male skeletons are larger than a female's. Men have a high lean mass of 92% while a woman's is 79%. In another study, one done by the *Journal of Applied Physiology*, researchers found that men have an average of 72.6 pounds of muscle while women have 46.2. In all, men have 40 percent more muscle mass in the upper body and 33 percent more in our legs.

Knowing all this of course we should be more pissed when a man hits a woman. In general men are physically more dominant. This is why when Solange Knowles hit Jay-Z in an elevator there wasn't this fight for cultural change as with the video of Ray Rice--who happened to be in the same exact elevator setting when he knocked out his wife--leaked.

Even if she hit Rice first, knocking her out wasn't right at all. He outweighs his

wife by about 100 to 150 pounds.

On an even smaller and personal level about male vs. female strength, I do jiu jitsu and last week I was put in the weird position of having a sparring session with a woman who was about two years ahead of me. I barely started a month ago. Despite that, it doesn't matter how much experience she had. If you compare the force between my punch and hers, even if she was years ahead of me, one good hit would have sent her spinning across the room like a dreidel.

Hitting aside; let's say we go down to the floor and she locks me in a triangle choke. (A triangle choke consists of the aggressor being on their back. What you basically do is grab one arm, put it under their neck, and squeeze your leg around their head. Doing this essentially chokes the person with their own arm.) Technique and experience means nothing in this instance. I could easily stand on my feet, cradle her like a baby, and throw her in whichever direction I wanted.

Of course if I were pitted against a female expert like Ronda Rousey, the UFC's current Women's Bantamweight Champion, I'm getting pummeled for

sure. If anything she could beat up most guys. Match her up against her male counterparts in the UFC and that's a completely different story. In a fight with someone like Jon Jones, the current UFC Light Heavyweight Champion, despite the fact you can argue that Rousey may be a more technically sound fighter, natural strength would just prevail.

With all that said, this is why it's embarrassing when these guys on Twitter and Men's Rights sites call for equal outrage in the instance of domestic violence. For there to be a double standard would mean that women and men are the same size and that isn't the case at all.

There's a reason why Uncle Ben told Peter Parker with "great power comes great responsibility." To go full force on woman and knowing full well you're stronger is abusive. If a woman is coming at you, you can essentially just put her in a hugging position and that's that. There's this weird idea that there is no wrong opinion but someone who thinks there are equal levels between men and women in cases of domestic violence is simply delusional.

**Dear Dr. Deb,**

After being in a relationship for a few months, my boyfriend cheated on me. Do you think I should break up with him? Will I be able to trust him again?

Best,  
Too Trusting

**Dear Too Trusting,**

Before you decide whether or not to break up with your boyfriend after he cheated, it is important to take some time to really think this through instead of making a hasty decision out of anger. However, you do not want to take too much time and prolong a difficult situation. You need to ask yourself whether you should forgive him or forget him. Some would say, "Once a cheater, always a cheater". There is no scientific evidence to validate this assumption, which it is. There is no surefire way to tell whether he will cheat again. However, his cheating may be a symptom of underlying issues within himself and/or the relationship. These issues need to be dealt with or they may continue to manifest in destructive ways that will impact your relationship. Regardless of why he cheated, how you feel about him and the relationship is important in making this decision. If you decide to stay with your boyfriend, then it is important to communicate and let him know how you feel. Holding in your anger and feelings of betrayal will only make a difficult situation worse. He too needs to be willing to communicate and work on rebuilding the trust that he broke. This is going to take some time, hard work and patience on both of your parts. You also need to ask yourself whether you think you will be able to forgive him and move forward together in the relationship. If you cannot forgive him, then you will continue to resent him and the relationship will not stand much of a chance. This is no rule-of-thumb to follow in order to help you make this difficult decision. Therefore, only you know what is best for you.



**Dear Dr. Deb,**

When you end a relationship with someone, why does he try to show you up in public as if you never were together? My ex-boyfriend did this to me and I don't understand why.

Sincerely,  
Shown Up

**Dear Shown Up,**

Here are a couple of possibilities as to why men may "show you up" or ignore their ex-girlfriends in public after the relationship ends. First, ex-girlfriends, you need to be honest about your behavior after the break-up. If you are texting, emailing or calling him a lot, then he may be ignoring your attempts to communicate with him. Your ex-boyfriend may view your constant attempts to get in contact with him as desperate and needy which is not attractive. Even if you have not made any attempts to reconnect with him, he may still be ignoring you out of anger or to punish you for the relationship ending. He also may be ignoring you because he does not want anything to do with you anymore after the break-up, especially if it was an ugly ending. Whatever the reason your ex-boyfriend showed you up in public, this should tell you something about your ex. He is not worth caring about since he did not treat you with common courtesy and care.

**Dear Dr. Deb,**

My two and a half year long distance relationship just ended. I was not happy in this relationship for a while but my girlfriend wants to get back together. Do you think I should give the relationship another try?

Thank you,  
Relationship Reluctant

**Dear Relationship Reluctant,**

Though it would help to know the details as to why the relationship ended, you indicated that you were not happy in the relationship. If you feel like the reasons why you were unhappy in the relationship may change, then I recommend that you consider giving the relationship another chance. However, it is important to recognize that change requires communication, compassion and compromise. Change in any relationship is hard work. This is particularly difficult in the context of a long distance relationship where communication, trust and seeing each other as often as possible are essential to making the relationship work. If both you and your girlfriend are not willing to work on the elements of your long distance relationship that need changing so that both of you can be happy, then there is nothing to consider.

**Dr. Deb is an educational psychologist who received her doctorate from UCLA. She can be heard live on Awareness Avenue every Wednesday from 2 to 4 pm on OWR. She also can be seen on Awareness Avenue every Tuesday at 8:30 pm on Cablevision Channel 115. If you have any questions or issues for Dr. Deb, please send them to awarenessavenue@gmail.com or submit them to The Catalyst office.**

## Fall Fun: What to Do and Where to Go

By Meleika Amos

With so many festivities and holidays, autumn is possibly one of the best seasons. From parades to just walking along Central Park and admiring the lovely leaves along the sidewalk, one can't help falling in love with fall. Here are a few events to add to your calendar for the season.

### Farms & Pumpkin Picking



**Albert H. Schmitt Family Farms**  
6 Bagatelle Road, Dix Hills, NY  
(631) 549-1159  
<http://schmittfamilyfarms.com/>

Pick your own pumpkins in Dix Hills with no admission fee to enter the farm! Activities include hayrides, a fire truck slide, a haunted house and much more! There's a selection of mums, ornamental kale, hay, cornstalks, Montauk daisies and other fall favorites. There are tons of Halloween/fall decorations to appreciate and autumn flavors to enjoy like roasted corn, fresh baked goods, homemade candy apples, and local apple cider. Knowing all that the Schmitt Family Farm has to offer with such a convenient location (approximately 20 minutes from the Old Westbury Campus), how could you say no?



**Fort Salonga Farm**  
30 Meadow Glen Road, Northport, NY  
(631) 269-9666  
<http://www.fortsalongafarm.com/>

This small farm features 6-foot tall trees, and like most Long Island Farms, Fort Salonga is relatively close, making it perfect for a day trip!



### Fall Festivals

**Long Island Fall Festival**  
164 Main Street, Huntington, NY,  
631.423.6100  
<http://www.lifallfestival.com/>

Most people love carnivals in the summertime, but to bring everything we love about this season to one place, with the additional fun of carnival rides along with live music and vendors selling one-of-a-kind items from all around the island? Now, that's priceless.

\*October 10<sup>th</sup> - October 13<sup>th</sup>, 2014



### Parades

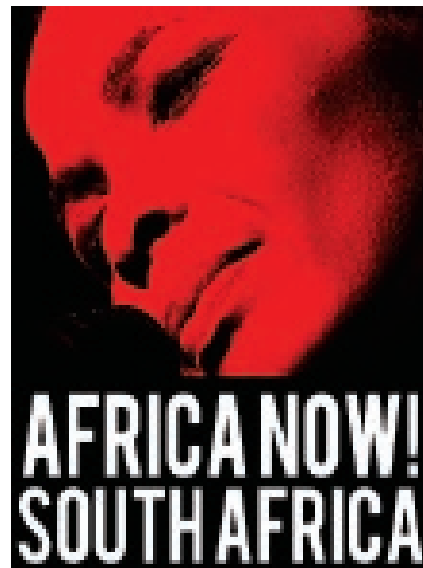


**Macy's Thanksgiving Day Parade**  
The Parade begins at 77<sup>th</sup> Street & Central Park West, marching south on CPW, 9am-12pm. Macy's Thanksgiving Day Parade hotline: 212-494-4495.

It just wouldn't be autumn in New York without the annual Macy's Thanksgiving Day Parade. Whether you are watching around the television or up close and personal, any holiday parade is great way to get out and enjoy the season, it also gives you a great excuse to gear up on fall apparel!

\*The Macy's Thanksgiving Day Parade Returns Thursday November 27<sup>th</sup>, 2014 and you can catch it on NBC!

### Concerts



**Africa Now! South Africa**  
Apollo Theater, 253 West 125th Street, New York, NY  
<https://www.apollotheater.org/>

The legendary Apollo Theater and the World Music Institute presents *Africa Now! South Africa*, a one night event of major South African talent. AFSA is a series of events at The Apollo Theater to celebrate the 20th Anniversary of Nelson Mandela's inauguration. Other performers over its four days include singer Toya Delazy and rock band The Muffinz.)

\*October 11<sup>th</sup>, 2014

### Autumn Art Exhibits



**The Rise of the Jack-o-Lanterns**  
Old Westbury Gardens, 71 Old Westbury Road, Old Westbury, NY 11568  
<http://www.therise.org/site/index>

This annual event is a fascinating visual display of artistry! With 5,000 imaginative designs and competitors from far and wide, the official lighting of the jack-o-lanterns is something you don't want to miss.

\*Oct. 16-19, 22-26, 29- Nov. 2, 2014



## CAMPUS STYLE Q&A

By Jina Vicario



**How would you describe your style?**

Ryan Gosling I would say.

**Where do you get your inspiration from?**

I just really like clothes. I always have.

**Do you have any style icons?**

Ryan Gosling, Leonardo DiCaprio in movies, and Ryan Phillippe

**Are there any trends that you like?**

Vests. I like them simple with a white t-shirt.

**What do you consider to be your wardrobe essentials?**

Jeans definitely, dress shirts, and a black pair of dress shoes.



**How would you describe your style?**

(the) 2 train mixed with Soho.

**Where do you get your inspiration from?**

The people that I hang around compared to the places that I want to be.

**Do you have any style icons?**

I would say definitely my pops.

**Are there any trends that you like?**

I know trends that I really don't like and that's colored Jordans. I think they should bring spray painted shorts back. That would be cool.

**What do you consider to be your wardrobe essentials?**

I always need jewelry on and I need to be comfortable for the day. If I'm dressed up, my belt needs to match my shoes.



**How would you describe your style?**

Boho Chic

**Where do you get your inspiration from?**

I'm inspired by my Catholic school dress code and fashion catalogues. I like to look at separately different pieces.

**Do you have any style icons?**

Rihanna and Gwen Stefani

**Are there any trends that you like?**

Oversized sweaters. I like that they're fashionable and comfortable at the same time.

**What do you consider to be your wardrobe essentials?**

My favorite thing is riding boots. A pair of black riding boots. They can make any outfit look put-together.



**How would you describe your style?**

The first thing that comes to mind is urban chic but I call it Strong Island style. It means I'm trying to rebuild a new picture for my area.

**Where do you get your inspiration from?**

Random militants. Such as my personality.

**Do you have any style icons?**

Yes. Yasiin Bey.

**Are there any trends that you like?**

I don't know any.

**What do you consider to be your wardrobe essentials?**

I would say button downs.



**How would you describe your style?**

I'm very businessy. I'm more classy.

**Where do you get your inspiration from?**

Every suit magazine like GQ, tv shows and just suits in general.

**Do you have any style icons?**

It's all me.

**Are there any trends that you like?**

I don't follow trends. It's more of what I can mix and match with my pants and blazers. I like affordable styles.

**What do you consider to be your wardrobe essentials?**

A black suit is essential at all times. It's suitable for every occasion.

## Ralph Lauren 4D Fashion Show

By Meleika Amos

On Monday September 8<sup>th</sup>, 2014 the designer Ralph Lauren sought to make a groundbreaking leap into a world where fashion and technology meet. Now we all know 'tis the season of runways and ready to wear lines or as some call it New York Fashion week. The new *Ralph Lauren Polo Women's* Spring 2015 collection was displayed in a very unusual, extraordinary fashion. Then again isn't that what the followers of



Model catwalking down the runway at the fashion show

NYFW are looking for?

The serene Cherry Hill pond in Central Park West was the scene for the revolutionary catwalk, with a water screen that measured 60 feet tall and 150 feet wide. Models standing at larger than life heights strutting through famous New York City landmarks such as The Brooklyn Bridge and The High Line mixing live-action movement and CGI. The season preview revealed a wide spectrum bright, bold with sunset colors and patterns of the Adirondacks while also mixing the edge of Paris and New York.

While this unorthodox runway show was cutting edge to say the least, this is not the first break through in fashion technology for Mr. Lauren. From being one of the first designers to embrace the internet to interactive touch screen window displays Ralph Lauren has proved to be a pioneer in fashion and luxury in the digital era. "I really wanted to do something big for the new Polo Women's brand- something set in the city- that felt modern. We returned to Central Park, a place I love, and captured the spirit of Polo with a truly innovative mix of fashion and technology," said Ralph Lauren.

What was best about this show was



The set of the Ralph Lauren fashion show

that it wasn't just revealed for the fashion world of celebrities and socialites. Mr. Lauren had an encore show the following Tuesday night that was open to the public. He even strutted down the runway for the final bow, a version of himself digitally dance across the water. The finale was the stylish cherry on top ending the show on a fantastically fun note. Don't think that you missed the show if you weren't there! Videos and images of the event, including behind-the-scenes details are up and ready to view at [Ralph Lauren.com](http://RalphLauren.com)

•Additional information and photos or videos available at <http://image.net/polo4d>.



Images provided from image.net/polo4d

### Review

## Finding Your NARS Shade

By Ashley Mitchell

NARS is a high end Cosmetic and skin care company founded by Makeup Artist and Photographer Francois Nars. The line first debuted with twelve lipstick shades at Barneys New York and is now sold in stores like Sephora, Nordstrom, Bloomingdale's, as well as other department stores. They've recently revamped their lipstick line and their fall colors are amazing! The new fall line is called Audacious Lipstick and is priced at about \$32.00 with forty shades ranging from pinks to browns and everything in between. They have also changed the packaging on this line and we're giving it two thumbs up. There are six beautiful shades that I picked from the new line that would suit a wide range of skin tones.

### Finding the Right Shade

To find the right shade for you, take a glimpse of your wrists. Are your veins blue, green or a mixture of both? If they are blue that means you have some pink undertones and pink undertones are usually paired with blue/deep toned lipsticks. If they are green, warmer tones are best suited for you. Warmer tones have an orange/red undertone to them. If your veins are a mixture of both, that means you have a neutral skin tone and a wider range of lipstick colors would work for you.

If syncing the color of your veins to lipstick shades is too difficult, you could

also base your decision off of your skin tone. If you have more olive skin, then pinks, oranges, reds and even certain berry colors will look great on your lips. Deeper skin tones pair best with darker nudes, deeper reds or deep berry colors. If you have fair skin bright reds and bright berries would complement you also. As you may have noted, berry colored lipsticks can complement almost every skin tone, you just have to find the right shade.

Although these tips are meant to help you select a shade that's flattering for you, your personal opinion matters the most. So, choose what you think looks best on you and how it makes you feel!



## Artist Spotlight: Logic

By Thomas Kastelan

Music is a driving force in almost everyone's daily life. Therefore, I would like to share with you one extraordinary artist who I believe deserves the recognition he may not necessarily receive. Sir Robert Bryson Hall II, better known for his stage name Logic, is arguably the biggest and brightest young star coming up in the industry at the moment. He is a humble, 24-year-old, hip-hop artist of mixed ethnicity from Maryland, who will soon grab attention.

After announcing that he had signed to Def Jam Records a little over a year ago, Logic has ventured out on two statewide tours, a world-tour, and has opened up for Kid Cudi on a different tour. He has also appeared in XXL magazine's 2013 Freshmen Class issue alongside notable artists such as Ab-Soul, Joey Bada\$\$, and Schoolboy Q. The Maryland rapper is slated to be a part of the 2014 BET Cypher, where I believe he will turn some heads in the industry with his performance.

Logic's debut album, entitled *Under Pressure*, has a scheduled release date of



(Under Pressure Cover Artwork) [Credit Sam Spratt]

Artist on the rise: Logic

October 21<sup>st</sup>. The album's first single and title track is already available for purchase on iTunes and other media outlets. Currently Logic has over 150 published songs available free online through four mixtapes that he has released over a span of four years. He has dedicated years working on his craft, and I assure you that his dedication has served him well. In a Hot 97 interview recently, the well-respected Lupe Fiasco stated that Logic was a better lyricist than the highly regarded Kendrick Lamar. While this may seem as pure hyperbole, I would say that Lupe Fiasco may be correct in his judgment.

(Cont. on page 11.)

Cont. from Page 10

I fully expect *Under Pressure* to be on par with the likes of *Good Kid*, *Mad City*; Logic is a perfectionist who will not release sub-par material. Logic has stated in many interviews that the standard edition of his album will not have any hip-hop features; it seems as though he has taken a piece out of the *Illmatic* playbook (noted as only having a single feature).

Logic is an extremely talented hip-hop artist who can attract a wide demographic of fans. If you like Drake, Logic will release songs that you will undoubtedly enjoy. If you like Nas, Logic has the lyrical ability to satisfy your taste. If you like J. Cole, Logic has a dark upbringing that he sheds light on in a beautiful, almost storytelling way with his tracks.

What this all adds up to is mainstream hip-hop encountering a talent unlike anything we have seen before in the very near future. Again, I encourage you to sift through his extensive and free catalogue (available on [www.datpiff.com](http://www.datpiff.com)), as I am certain that any fan of the genre will be able to find something of value that Logic has to offer. Make sure to follow Logic on

Twitter @Logic301, as he is constantly updating and interacting with fans. Also, check out [www.mindoflogic.com](http://www.mindoflogic.com), which is Logic's official website and has all of his interviews, biographical information, as well as discography available.

## BROTIP #12

By Traci Newman

*Brotip #12: Expect to meet your soul-mate every time you walk through your door. One day, you will.*

I've been told that I am "one of the most optimistic single persons out there." And it's true; I really am very optimistic and excited for future relationships. I've dated guys in the past that just weren't right for me (some were jerks and maybe not right for anyone), but mostly we just weren't right for each other or our timing was off.

I believe timing is one of the most major elements for relationships. I've met some great guys in the past, and looking back I feel so stupid for ever letting them get away especially with the awfully addicting world of social media, which updates you regularly about your past romances. Except now they are with their new beautiful girlfriends for whom they buy flowers every week while you're sitting in your bed alone...eating ice-cream. Anyway...when these guys came around, I just wasn't ready for them.

Maybe I was getting out of a relationship, kind of seeing someone else, dealing with major family issues or going back to school. Everything going on in your life is a factor to whether or not you're ready for a full force relationship or even just making new friends.

Someone once said, "Your time is the most valuable thing you can give someone." And I really think that's true. The past few years, I've worked multiple jobs at one time while being a full-time student. My time is limited. So if I give someone my one night off a week to hang out, it means he is important to me and worth my time. If I take off a Saturday night from work to hang out with someone, it means he is literally worth a few hundred dollars to me because that's how much money I'm losing. It may not seem like a lot in the long run, but initially I'm giving up part of my monthly income to see someone, and we all know times are hard.

Back to BroTip #12, I feel like I've been having the same conversation with my single friends for the past ten years or so? We are just constantly talking about meeting new guys, and why we don't have boyfriends and how many guys did

we match with on Tinder. These single friends have changed through the years, some have boyfriends now, some are breaking up and some are just always on to the next one. When you add in all the social media outlets, it's almost impossible to not be a little boy-crazy.

Over time I've also had my fair share of relationship ups and downs, and currently I don't consider myself down. I'm single but not upset about it, at least not crying and wishing at 11:11 every day for a boyfriend to magically appear into my life. I just singly eat my ice-cream on Sunday nights while watching *The Walking Dead* and call it a day.

Having the right boyfriend and relationship is great and I'm excited for that. I consider myself (along with my wonderful friends) a catch. I'm smart, level-headed, funny-enough, pretty-relaxed and I try to keep myself together, even though I'm usually in some form of sweatpants. Realistically there is no reason why I won't eventually find myself running hand in hand down the beach with some handsome guy, who also happens to be super smart and has a great personality! Except I hate running, so maybe we can

just walk?

You can ask any one of my girlfriends, that I whole heartedly believe that one day I will literally just bump into some guy and he will end up being the love of my life. I'm convinced of this. I'm very clumsy and I trip a lot, so this seems more plausible for me than meeting a guy at a coffee shop or a poetry reading, because I don't do either of those things. Looking at my friends who are in happy and healthy relationships, most of them pretty much did work out like that. One day they were single just walking around living their life and some person walked right into it at the right time and decided to stick around.

I never worry that the whole relationship/marriage thing won't work out for me or anyone I know. If years from now, none of this actually happens, and I'm still single maybe I will break down and pay for Match.com and go from there. But until then I will keep working multiple jobs to fund as many vacations and adventures as possible, and maybe trip over a boyfriend or two along the way.

## Spotlight on the Students: Paul Thivierge

By Laura DeMarzo

Defamed comedian Michael Richards can take a lesson from Paul Thivierge when it comes to handling hecklers. The up-and-coming Levittown bred radio host and stand-up comic doesn't let a rowdy audience member trip him up or send him into a blind (or socially tone deaf) rage. As a matter of fact he welcomes the hecklers—thrives on them even—and it's that rapidity that separates someone who can solely relay jokes on stage and someone with true comedic ability.

So, how does a self-described insecure kid from Long Island hone in on his talent and find his voice amongst the competition? Apparently, a plethora of nervous energy and a steady supply of tabloids.

It's 2011 in the radio station of York

College, a private university located in the central Pennsylvania suburb of Spring Garden Township, and Paul Thivierge is nervous, unsure and about ten seconds from being live on the air for his first radio show. "When I listen to the first show compared to some of the later ones," he says. The media major laughingly recollects, "It's so different, I remember I kept repeating this one word over and over again." However, after working out some initial mic-fright and ensuring his vernacular differentiated, his edgy sense of humor shone through. Late Night with Heavy Paul quickly became one of York College's most popular radio shows with a formula unique from its contemporaries. "It was a live show where we talked seriously about sports and in-between I'd always have these, what are they called? Tabloids, I guess and I'd report some of the celebrity gossip as real news and it

would just go from there." It's easy to become enthralled in the comedy of Paul's show as he explains his satirical spin on American culture's obsession with the lives of celebrities.

Although it was the popularity of Late Night with Heavy Paul that led to Thivierge perusing his stand-up career more seriously, it was his humility paired with raw talent that solidified his success. "I've always been very doubtful, so doing stand-up was easy for me. I already expected people to not like (my act) so I had low expectations." These minute expectations allowed Paul to be vigilant of every variable of a night on stage: the type of crowd (late, early, tipsy, stone cold sober), the types of jokes they are responsive to verses the ones that are panning, and of course, the hecklers. "I love that!" Paul's eyes light up when explaining his specialty of dealing with hecklers and

how he appreciates the fact that dealing with them keeps him on his toes. It's the same light that exudes when he speaks of his love for making people laugh "When someone comes up to you and tells you that you made them laugh, that's the best feeling."

There's a genuine unpretentiousness in Paul Thivierge that seems to be an endangered characteristic as of late, especially in a time of the smug, elitist comic (we're talking to you, Aziz Ansari). The college junior leaves off with his plans for the future; most immediate is finishing his degree at Old Westbury and eventually another stint doing sports/comedy radio. In keeping with his lowered expectations he knows stand-up may not be forever: "When I'm not having fun anymore, it's time for me to stop."

REVIEW

## A Souled Out Experience

By Akeem Hill

New to the front of the cameras but always behind the scenes, singer Jhené Aiko takes the music industry by storm this year or more so to the point, by our souls. Aiko has been recording music as far back as 2002 and has been working up to the release of her latest project and first studio album *Souled Out*. Although this is her first album, this is not the first body of work that she has released. Her first mixtape *Sailing Souls* came out in 2011 and following that was the EP *Sail Out* in 2013.

*Souled Out* was released September 9<sup>th</sup> and Jhené Aiko's music has not disappointed. Much like her music when she first started recording, this album was inspired by a number of things ranging from her love life, daughter and her older brother, Miyagi Chilombo, who passed away from cancer in 2012. In a past interview with Fader Magazine, she elaborates on her album saying "It's like a path. You're going to see an evolution by the end of the album, a girl going through



heartbreak and being confused, in a dark place, and then [emerging] enlightened and grown up through these experiences. Its real life, a growing girl". From beginning to end this record captivates and the listener cannot help but to relate to her experiences.

Listening to an album like this

one with such deep meaning, how could you not have purchased it yet? Songs such as "W.A.Y.S.", which is an acronym for *Why Aren't You Smiling*, is about pushing through life no matter how hard; lyrics from the song "life can get wild when you're caught in a world wind" are self-explanatory. The song title, which is a

phrase that her brother always said, means as much to Jhené as he did. Other songs revolving around love are "Spotless Mind", describing a "marathon love" and "It's Cool" depicting a relationship built on physical attraction. What's to love about Jhené Aiko is that she and her music are easily relatable. Losing a loved one, being a single parent, a relationship falling apart, feeling lost in life, feeling used, betrayed and at the end of it all becoming stronger mentally and emotionally are all things that people face day to day. Every person may not have gone through everything that was mentioned but they have endured at least one or two.

Overall the album is amazing. It is reminiscent of a clean, readable logo; it delivers, it has a function, it's relatable and is distinct. Reading reviews of the album on iTunes, one fan had commented "This album left me in my feelings. "Lyin King" and "Wading" are my favorite songs and speak to me so simplistically, Love you, Jhené". Fans, as well as myself, look forward to hearing more from her in the future.

REVIEW

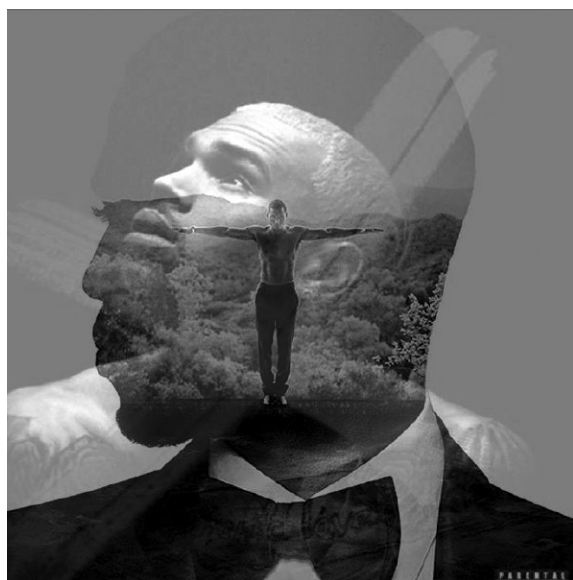
## A Pretty Nasty Tour

By Akeem Hill

As the summer of 2014 began to close, singers Chris Brown and Trey Songz decided to go on tour together. Trey Songz suggested the tour idea to Chris Brown over a video posted on Instagram. With a combined fan base of over 100 million listeners, there is no reason for this tour, expected to begin in the late fall, to disappoint.

Chris Brown has had quite a tough year given his appearances in the tabloids and his summer spent in jail for violating internal rules while in rehab. Although Chris Brown's 6<sup>th</sup> studio album, *X* (debuting on September 15<sup>th</sup>) was set to have been released before he was arrested, he has made a good comeback. With the support of his family, friends, girlfriend Karrueche Tran, and his loyal fan base-- known as Team Breezy--it appears that the singer is back, better than ever, and closing out the year strong.

Trey Songz has had a very successful year thus far in the music industry with the summer release of his 6<sup>th</sup> studio album *Trigga*, with chart-topping singles "Smartphones" and



"Foreign". Those who have attended a Trey Songz concert in the past know that his performances are entertaining and quite erotic. Both singers leave fans in the stands wanting more; with Chris Brown's electrifying dance moves and Trey Songz' sex appeal triggering the females' gaze, this will be a tour that will not be forgotten.

Reviews, articles, and ticket sales from each of the singer's prior tours show that these two men are powerhouse artists when it comes to live entertainment. Locations for the tour include states such as New York, Georgia, Texas and Los Angeles. Guest appearances and opening acts have not yet been announced. However, I can imagine that the attention of viewers in the stands will be captured and captivated.

REVIEW

## King of the Fall

By Meleika Amos

The Weeknd kicked off his "King of the Fall" tour on Thursday, September 19<sup>th</sup>. The first of four cities (Toronto, LA, and San Francisco to follow) was Brooklyn, NY at the Barclays Center. Featured artist were opening acts Jhené Aiko and Schoolboy Q. To start the show with Aiko was a beautiful balance; her angelic voice filled the whole arena. Performing songs from her new album, *Souled out*, such as "The Pressure" and "Spotless Mind." Also a few songs from her last EP *Sail Out*, "Stay Ready" and "The Worst" as the visual displays flashed tie-dye twirling colors and in long gypsy-like attire Aiko set a serene tone.

Schoolboy Q then took the stage. He changed the whole tone having the audience out their seats even joking about the Kanye West controversy, "I'm about to get my Kanye West on and make everyone who's even in a wheelchair get up from sitting down," said Q before performing the song "Collard Greens." He sang songs from his latest album *Oxymoron*, as well as a crowd favorite "Hands on the Wheel."

The night, however, belonged to The Weeknd. His entrance was mysterious, theatrical, and abstract which had the audience in awe. Opening with "Enemy," a throwback tune from *The Trilogy*, all was dark as the audience searched for the singer only hearing echoes of his hauntingly beautiful voice. Then on the enlarged LED screens a black and white image of The Weeknd himself; as the song came to an end he appeared through a door with massive celestial light shining through. He delivered a beautiful array of



his old and newest hits such as, "The Morning," "King of the Fall," "Wanderlust," and his rendition of "Drunk in Love," a song originally by Singer Beyonce.

The rest of the night was a display of true artistry. The seductive power of his live vocals were incredible alongside the moving images that flashed on giant screens playing massive and abstract reels, which were a success serving as aesthetic illustrations for the music. As for this show, being my very first large stadium-type concert, I would have to say that my expectations were way beyond exceeded. Unlike any cliché ideas I had developed of what consists of concerts (big dance sequence, ballads on a stool, fog machines, etc.) the entire show proved to be a victory having blended these visionary young artists together all in their own elements. Aiko gave a very romantic vintage vibe, Q gave gangsta rap but rock star presence on stage, and there were tragic yet mesmerizing singings and images of The Weeknd. This show was a perfect combination of PBR&B and Hip-Hop, needless to say it made for one trippy night.

# CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 <b>PEL: The First Step to Law School</b> <i>NAB 3109 12pm-1pm</i>  <b>TKE: Meet the Tekes</b> <i>SU 312 8pm-11pm</i>	7 <b>Active Minds: No Stigma Week</b> <i>CC F-Wing 12pm-1pm</i> <b>CSLI: Laser Tag</b> <i>Outside SU 5pm-9pm</i> <b>Active Minds: Change the Conversation</b> <i>CC F102 8:30pm-10:30pm</i> <b>Gender Talks: The Impact of Sexual Socialization on Early Sexual Behaviors</b> <i>NAB 2034 12pm-1pm</i> <b>TOWN HALL MEETING</b> <i>CC Recital Hall 12pm-1pm</i>	8 <b>Panther Pride T-Shirt Distribution</b> <i>CC Atrium 11am-1:30pm &amp; 4pm-6:30pm</i> <b>Career Plan. &amp; Dev.: Internship &amp; Volunteer Fair</b> <i>SU 2nd flr 11:30pm-2:30pm</i> <b>ΣIA: Empanada Sale</b> <i>CC F-Wing 11:30pm-2pm</i> <b>MΣY: Women's Self Defense</b> <i>SU MPR C 8pm-10pm</i> <b>Active Minds: "Call Me Crazy" Film Screening</b> <i>SU MPR A 8:30pm-10:30pm</i> <b>TOWN HALL</b>	9 <b>Panther Pride T-Shirt Distribution</b> <i>CC Atrium 11am-1:30pm &amp; 4pm-6:30pm</i> <b>Career Plan. &amp; Dev.: Backpack 2 Briefcase</b> <i>SU 311 12pm-1pm &amp; 7pm-8pm</i> <b>Career Plan &amp; Dev: SCOPE Workshop</b> <i>SU MPR B 5pm-7pm</i> <b>AKA: Jelly Smoke</b> <i>CC Recital Hall 7pm-10pm</i> <b>CSLI: SGA Party "Jungle Theme"</b> <i>SU MPR ABC 11pm-2am</i>	10 <b>SGA &amp; Junior Class Rep.: Six Flags Trip</b> <i>Bus departs from SU Rotunda 1pm</i>	11
12	13	14 <b>Cake Off</b> <i>CC Atrium 12pm-1pm</i> <b>OW Men's Soccer vs. Farmingdale</b> <i>Panther Park 3pm</i> <b>Salsa Dance Lessons</b> <i>SU MPR ABC 6:30pm-8pm</i> <b>Meet the Royal Court</b> <i>SU MPR A 8pm-10pm</i>	15 <b>PPH Opening Lunch &amp; Events</b> <i>CC Atrium 12pm-3pm</i> <b>OW Arcade</b> <i>SU TV Game Room 3pm-7pm</i> <b>Lip Sync</b> <i>Recital Hall 8pm-10pm</i>	16 <b>OW County Fair</b> <i>Meadow Terrace 12pm-3pm</i> <b>24<sup>th</sup> Annual Alumni Awards Dinner</b> <i>Fox Hollow Country Club 6pm-10pm</i> <b>Panther Madness</b> <i>Clark Athletic Center 8pm-10pm</i>	17 <b>Side Walk Chalking</b> <i>SU (Near Panther Plaza) 12pm-1pm</i> <b>Student vs. Faculty/Staff Softball</b> <i>Jackie Robinson Athletic Complex 2:30pm -4:30pm</i> <b>Meet the Greeks</b> <i>Maguire Theatre 8pm-10pm</i> <b>Stay Up @ the Union</b> <i>SU MPR ABC 12am-4am</i>	18 <b>ISPaD: Indian Subcontinent Participation Project</b> <i>NAB 8:30am-2pm</i> <b>Panther Fest</b> <i>Jackie Robinson Athletic Complex 12pm-4pm</i> <b>OW Women's Soccer vs. Maritime (Homecoming Parade during Halftime)</b> <i>Panther Park 12pm</i> <b>Alianza Latina Reunion</b> <i>SU Rotunda 2pm-4pm</i> <b>Ceremonial Dinner</b> <i>CC Atrium 4:30pm-6:30pm</i> <b>OW's Got Talent (Homecoming Court Coronation)</b> <i>Maguire Theater 7pm-10pm</i>
19	20 <b>Alianza Latina: Sabor Latino</b> <i>SU MPR AB 8pm-10:30pm</i> <b>MΣY: Jungle Fever</b> <i>SU 311 8pm-10pm</i>	21	22 <b>Haitian Student Org: Zoe Pound</b> <i>SU 311 6pm-8pm</i> <b>ZΦB: If Only You Knew</b> <i>SU 312 7pm-9pm</i> <b>Environmental Club: Pledge to Raise Awareness on Environmental Issues</b> <i>CC F-Wing 12pm-1pm</i>	23 <b>ZΦB: Raising Bucks for Boobies</b> <i>CC F-Wing 12pm-2pm</i>	24	25
26 <b>Hairitage &amp; KAΨ: Spa Night</b> <i>Hall 4 1st flr lounge 8:30pm-10:30pm</i>	27 <b>MΣY: Gangs, Cults, &amp; Greeks</b> <i>SU 311 8pm-10pm</i>	28 <b>Conference &amp; Performance by Javier Ruibal</b> <i>NAB 1100 3pm-4:30pm</i>	29 <b>Career Plan. &amp; Dev.: Backpack 2 Briefcase</b> <i>SU 311 10am-11am</i> <b>ΔΣΘ: Halloween Tabling</b> <i>CC F-Wing 12pm-1pm</i> <b>Career Plan. &amp; Dev.: SCOPE Workshop</b> <i>SU MPR B 5pm-7pm</i> <b>NAACP: Showtime at the Apollo</b> <i>Maguire Theatre 7pm-10pm</i> <b>Gender Talks: Sweatshops and Kin Work: Latina Labor in the Crisis City</b> <i>NAB 2034 12pm-1pm</i>	30 <b>Career Plan. &amp; Dev.: NYPD Tabling</b> <i>CC F-Wing 11am-1pm</i> <b>MΣY: Halloween Bake Sale</b> <i>CC Atrium 12pm-6pm</i> <b>ΔΣΘ: Halloween Tabling</b> <i>CC F-Wing 12pm-1pm</i> <b>African Student Association: African Halloween Night</b> <i>SU MPR C 8pm-11pm</i> <b>Cubanson In Concert</b> <i>Maguire Theater 6:30pm</i>	31	



## PANTHER PRIDE

It's time to show your Panther Pride again! Our annual weeklong celebration of school pride is back, with a truly unique round of activities. As hectic as the first weeks of the semester are, Panther Pride Week serves as a fun reprieve from all the madness, for both students and faculty. For the first time since its inception, Old Westbury Web Radio will be hosting and live streaming the events. Anyone familiar with OWWR programming knows we can expect quality entertainment. This year look out for events new to Pride week, such as Meet the Greeks and Panther Madness.

Panther Pride Week kicks off Tuesday, October 14<sup>th</sup>, with the Cake Off spirit competition in the Campus Center atrium. At 8 p.m., Pride week attendees will also get to meet the Homecoming Court in the Student Union.

# OLD WESTBURY PUZZLES

## OCTOBER

MNAERBNYOKESSRC  
 NLMSCSARBILUURO  
 BLMUUESTCHOSOAO  
 BSUOTMMNVANCHOA  
 LVPHLUOUBLHOEOB  
 SOEDUTAOLLSLNL I  
 ELEEUSMCUOSULYC  
 CLLTNOSSTWYMUCV  
 RECNACTSAERBHUL  
 OYEUHAEObETUYOU  
 EBLATVMRANNSST  
 CACHRLACROSSEBT  
 YLCAPUMPKINBSEN  
 SLHOAOSLCYRPURC  
 CUVOIPROCSOCCER

- |          |               |           |
|----------|---------------|-----------|
| Autumn   | Breast Cancer | Columbus  |
| Costumes | Cross Country | Halloween |
| Harvest  | Haunted House | Lacrosse  |
| Libra    | Pumpkin       | Scorpio   |
| Soccer   | Volleyball    |           |

Medium

			6			2		8
	1				3		7	
2		3				4		
5	6							
				7				1
4	9				1			5
		9	2					
							4	
8				9				

2	6	1	7	9	3	5	4	8
3	4	8	6	5	1	2	7	9
7	5	8	2	4	6	3	9	1
5	1	3	2	7	8	6	4	9
1	9	4	7	5	2	8	3	6
4	8	6	1	9	3	7	2	5
6	2	7	8	3	4	5	1	9
9	4	1	6	8	9	7	2	3
8	3	5	7	1	2	4	6	9
7	9	6	1	5	2	8	3	4

Medium

Sudoku

8	3					6		7
		6		2				
5				9				
		8			2			9
4				3				6
	2	3			6			7
					4			1
			8					

<http://www.puzzles.ca/sudoku.html>

6	5	2	3	1	8	4	7	9
1	3	1	7	4	9	3	8	6
8	4	7	8	9	6	7	2	5
5	1	3	8	4	9	6	7	2
2	6	7	4	8	9	3	1	5
4	6	2	5	8	3	7	1	9
4	7	9	1	6	2	7	8	3
3	4	2	6	9	7	1	8	5
7	1	6	3	2	8	5	4	9
8	3	9	5	4	1	6	2	7

Hard

Advertisements



**MONDAY**

12-2 PM, *Full Court Press*, D. Palmer  
 2-3 PM, *Backfeed*, C. Rooney & S. Alkhamash  
 4-5 PM, *In the Know*  
 6-6:10 PM, *OWWR NEWS*  
 7-9 PM, *Fire on the Mountain Radio*, S. Keitz

**TUESDAY**

1-3 PM, *Everything Alternative*, John Hannigan  
 4-6 PM, *Fishnets & Leather*, DJ Jessie Russo  
 6-6:10 PM, *OWWR NEWS*  
 6:10- 9PM, *What's the Score?*, C. Kirschbaum, M. Loades & K. Cierella

**WEDNESDAY**

10-12 PM, *Wild Wednesday's*, N. Giovanniello  
 12-2 PM, *Grind Time Mix*, R. Lawrence  
 2-4 PM, *Awareness Avenue with Dr. Deb*, D. Kaplan  
 6-6:10 PM, *OWWR NEWS*  
 7-10 PM, *Kool Kidz Radio*, C. Ortiz

**THURSDAY**

11-12 PM, *Global Media News*  
 6-6:10 PM, *OWWR NEWS*  
 8-10 PM, *Pangaea*, C. Harris

**FRIDAY**

11-1 PM, *Sweet Beatz*, DJ Sandra Dee  
 1-4 PM, *St. James Infirmary*, Michael The Molar Maven  
 4-6 PM, *On The Bill*, L. Nicholson  
 6-6:10 PM, *OWWR NEWS*  
 8-10 PM, *Class Act Radio*, DJ Cheeseburga, D. Appleton

**SATURDAY**

3-5 PM, *Choice Cuts*, Gary Carlton

**SUNDAY**

12-3 PM, *The Diva Report*, A. Browne  
 4-6 PM, *The Shoe Room*, DJ 2Shoesz

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- Course Schedules
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- Grades
- Important numbers, notifications and directory

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## We turned your social hotspots into **WiFi hotspots!**

In addition to the campus-wide WiFi, OW\_Student, we added WiFi hotspots in various campus locations. Look for the red chili pepper hotspot signs in the:

-  **Campus Center Atrium**
-  **Library**
-  **Dunkin Donuts and the NAB lounges**
-  **Clark Center Weight Room**
-  **Student Union Cyber Lounge**
-  **and more!**



Visit the IT Help Desk, NAB 0107 or [www.oldwestbury.edu/it](http://www.oldwestbury.edu/it) for more information

# Panthers Score in Women's Soccer Conference Battle at Sage

By Harris Rappel

The SUNY College at Old Westbury women's soccer team were unable to hang onto a 3-0 lead at halftime and fell 4-3 to the Sage Gators in Saturday's Skyline Conference action from Albany College of Pharmacy Athletic Fields in Albany, New York. The loss moved Old Westbury (5-5-1) to 0-3 in conference action while Sage (5-3-2) improved to 2-1.

Stephanie Maybie put Old Westbury up early with an unassisted goal at 15:55 for a 1-0 Panther lead. Melissa Outsen then found Mayra Bonilla for her third goal of the season to double Old Westbury's advantage at 37:24 with a 2-0 lead. Maybie wound net her conference-leading 18th goal of the season at 38:09 to send Old Westbury into the half with a

three-goal advantage off Jordan Schildt's team-leading fifth assist of the season. Despite trailing by three goals at the break, Sage held the advantage in shots (8-7) and corner kicks.

Sage's Savannah Mason got the home team on the board at 46:44, putting home Alexandra Robert's corner kick to make it a two-goal game. Mason then struck again when Nicole Maher found her at 53:37 to slice the deficit to one goal. Then at 67:52, Taylor Lynch slotted a pass to Mason to register the hat trick while knotting the game at 3-3. Mason's then capped her four-goal performance at 70:44 to put home Shelby Ruppenthal's assist for the game-winner, putting Sage ahead 4-3.

Sage outshot Old Westbury 8-5 in the final 45 minutes to hold a 16-12 edge in shots for the game and 7-5 advantage in



corner kicks. In the end, Old Westbury put 10 shots on goal, compared to Sage's nine.

Caitlin Thomas (4-5-1) made five

saves in defeat for Old Westbury while Teagan Waddingham (5-3-2) stopped seven shots in net for Sage.

## Panthers Women's Volleyball Opens Skyline Conference Schedule at St. Joseph's (L.I.)



By Harris Rappel

PATCHOGUE, NY --The SUNY College at Old Westbury women's volleyball team took a pair of three set Skyline Conference losses from the St. Joseph's (L.I.) Golden Eagles (25-8, 25-14, 25-14) and Farmingdale State Rams (25-11, 25-9, 25-18) to open conference play on Saturday afternoon from Danzi Center in Patchogue, New York.

Against St. Joseph's (L.I.), Rayn Brown led the Panthers with two kills, one ace, one assist and four digs. Elizabeth Ozuna, Gerlande Luca, Ruth Vargas and Olivia O'Keefe each registered one ace. Luca added one block and two digs while Vargas chipped in with three digs.

Heather Ferchland nailed down a match-high seven kills on 11 swings to hit .455 while Jessica Montesserrato dished out 16 assists for St. Joseph's (L.I.). Mon-

tesserrato and Kelly Estacuy each served up three of the Golden Eagles' 16 aces.

St. Joseph's (L.I.) hit .246 on 28 kills, 14 attacking errors and 57 total attacks, compared to Old Westbury's -.250 hitting percentage on four kills, 11 attacking errors and 28 total attacks.

Against Farmingdale State, Brown tallied two kills, two aces and six digs to lead Old Westbury. Roushdy added six digs while Vargas contributed four assists and one block.

Sarah Palladino racked up match-highs of 10 kills and 12 aces and Megan Pisciotta dished out 16 assists to lead Farmingdale State to victory.

In the end, Farmingdale State hit .328 on 28 kills, eight attacking errors and 61 total attacks while Old Westbury hit .000 with six kills, six attacking errors and 27 total attacks.

## Panthers Men's Golf Competes at Mount Saint Mary Invitational



By Harris Rappel

Old Westbury men's golf team competed at the Mount Saint Mary Invitational on Friday morning from the par 70, 6,165 yard Powelton Club in Newburgh, New York.

Old Westbury shot 391 (+111) to finish in seventh place while Richard Mingione's round of 89 (+19) paced the Panthers in a tie for 26th place. James Sullivan followed in 31st place with a 94 (+24) showing and Brian Jordan (+26) finished 32nd. Hayden Crowder (+42) and Kendrick Daley (+46) placed 34-35 to round out Old Westbury's top-five.

Farmingdale State claimed the team title with a 301 (+21). Farmingdale State's Scott Sessions, Matt Pollock, Andrew Goldman and Sage's Ian Wilson shared the individual title with a round of 75 (+5).

CYCLONE INVITATIONAL UP NEXT FOR THE PANTHERS: Old Westbury returns to the greens for the Cyclone Invitational host by Centenary College on Tuesday (Oct. 14) from Panther Valley Golf & Country Club in Allamuchy, New Jersey at 11 a.m